

Camp Lolek to bring joy to junior high Catholics

A new summer camp for Catholics in sixth through eighth grades will be held this summer. The focus will be on faith, community and the joy of Christ.
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The CATHOLIC MISSOURIAN

March 4, 2022 • Vol. 65 No. 17

Newspaper of the Diocese of Jefferson City

Bishop urges faithful to continue praying for peace



People take shelter in the basement of the the Ukrainian Catholic Cathedral of the Resurrection in Kyiv, Ukraine, Feb. 25, after Russia launched a massive military operation against Ukraine. As some Ukrainians fled their homes, others remained trapped because of clogged roads and martial law.
— CNS photo/courtesy Ukrainian Greek Catholic Church

Insists that “an unjust war is never a solution”

Bishop W. Shawn McKnight is encouraging people throughout the Jefferson City diocese to continue praying and offering up sacrifices for a peaceful resolution to the humanitarian crisis unfolding in Ukraine.

He joined Pope Francis in urging all people of faith and goodwill throughout the world to observe Ash Wednesday (March 2), as a day of prayer and fasting for peace, and to continue imploring God for an end to the suffering and loss of life.

“An unjust war is never a solution to disagreement among nations,” Bishop McKnight stated on Feb. 25, the day after Russia launched its invasion of neighboring Ukraine. “The callous disregard for the sanctity of human life and the necessity of a just society scars the human family and wounds the souls of those who perpetuate violence.

“Let us join all people of good will in praying for a softening of the hearts of those who are inflicting so much suffering upon the citizens of Ukraine,” Bishop McKnight continued. “We also pray for those in leadership, that they may have the wisdom to know how to build peace and the fortitude to persevere in their efforts.”

Prayers must continue

Bishop McKnight asks the faithful to continue praying the following prayer, adapted from Pope Francis and the Roman Catholic bishops of Canada, as part of their daily offering and at the conclusion of the Prayers of the Faithful at Mass:

See UKRAINE, page 15

Venerable Fr. Tolton's grandmother is at rest in an old Catholic cemetery in Kentucky

By Ruby Thomas

Rhodelia, Kentucky

On a wintry January day at the old St. Theresa Cemetery in rural Meade County, Janice Mulligan laid a simple wreath of magnolia leaves on the grave of Matilda (Hurd) Chisley — a woman who spent her life in slavery and whose grandson is now a saint in the making.

Matilda, who died in 1836 at age 30, was enslaved on a farm belonging to John Henry Manning.

She was also the maternal grandmother of Venerable Augustus Tolton — the Church's first recognizably Black priest in the United States.

Baptized in Brush Creek in what is now part of the Jefferson City diocese, Fr. Tolton was ordained in Rome in 1886, died in 1897 in Chicago and is on under formal consideration for being declared a saint.

Pope Francis affirmed in June 2019 that Fr. Tolton lived a

life of heroic virtue, giving him the title of Venerable.

The next step in the process, known as beatification, would require a miracle attributed to God through Fr. Tolton's intercession in heaven.

Ms. Mulligan, who serves as the associate director of the Archdiocese of Louisville's Office of Multicultural Ministry, said that while standing over Matilda's grave, “her story felt like a part of my family's story.”

On that January day, Father J. Ronald Knott, a retired priest of the Archdiocese of Louisville, led a small group, including Ms. Mulligan, in reciting the “*Confiteor*” before the wreath laying.

That penitential prayer seemed fitting for the moment, especially the words, “in what I have done and in what I have failed to do,” said Fr. Knott, who grew up in Rhodelia and

See GRANDMOTHER, page 14

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03/04/22

Pray for deceased priests

Mar. 6 — **Fr. Thomas J. Gray**, St. Stephen, Indian Creek (1987)
 Mar. 7 — **Fr. Gerald W. Stockman**, counseling ministry (2016)
 Mar. 8 — **Fr. Alphonse J. Hoegen**, Chaplain, Capital Region Medical Center, Jefferson City (1978)
 Mar. 10 — **Fr. Eugene J. Robl**, Chaplain, Veterans Administration Medical Center, Columbia (2002)
 Mar. 11 — **Fr. Jerome W. Jaworski**, St. Anthony of Padua, St. Anthony (1979); **Fr. William D. Savage**, St. Joseph, Slater (1996)
 Mar. 13 — **Fr. Edward J. Donohue**, St. Joseph, Palmyra (1999)
 Mar. 14 — **Fr. Michael J. Knecht**, St. Joseph, Westphalia (1965)
 Mar. 15 — **Fr. Edmund B. Purcell**, Assumption, Morrison (1976)
 Mar. 18 — **Fr. Joseph T. Nolan**, St. Patrick, Sedalia (1965)
 Mar. 19 — **Fr. Fred J. Barnett**, St. Patrick, Laurie; and St. Philip Benizi, Versailles (2011)

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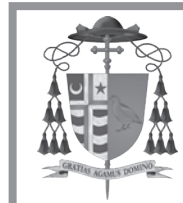
St. Andrew Parish in Tipton, Mo. has an opening for a Parish Secretary/Bookkeeper. This is a full time, non-exempt, hourly position with benefits. We are seeking an individual with at least 3 years experience in bookkeeping and payroll. Qualified candidates should send their resume by email to algabri567@gmail.com, or mail to Pastor, St. Andrew Parish, 106 W. Cooper St., Tipton, MO 65081. After screening applications, interview dates will be communicated to eligible candidates.

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The Chancery Office of the Diocese of Jefferson City is now taking applications for the following positions in our Jefferson City office:

- ▶ **Administrative Assistant**
- ▶ **Director of Child and Youth Protection**
- ▶ **Director of Communications**
- ▶ **IT Coordinator**

Job descriptions and links for applying can be found at diojeffcity.org/about-us/employment/



Summaries of Official Decrees

Bishop W. Shawn McKnight has given decrees announcing changes to existing policies of the Diocese of Jefferson City.

The full text of each decree and associated updated policy is posted on the diocesan website at diojeffcity.org/ap-pointments.

•A decree given on Feb. 25, 2022, announces updates to the diocese's active priest vacation policy and priest compensation policy, in keeping with Paragraphs 281 and 533 of the Revised Code of Canon Law.

Bishop McKnight updated the priest compensation policy in consultation with the diocesan Presbyteral Council and the Diocesan Finance Officer.

He revised the Active Priest Vacation Policy in consultation with the diocesan director of human resources.

Both updated policies will take effect on July 1, 2022, the start of the 2022-23 fiscal year.

•A Feb. 23, 2022, decree

announces updates to the diocesan Safe Environment Policy.

These updates are the work of the Diocesan Review Board together with Bishop McKnight's cabinet and legal counsel.

The largest revision pertains to how the diocese conducts background checks for one category of people under the policy.

This includes employees, priests and deacons, religious brothers and sisters, seminarians, and those in formation

for the diaconate.

People in this category are required to complete a new form authorizing background checks through the State of Missouri.

These revised policies and regulations are particular law for this diocese and therefore are obligatory for all employees, volunteers, religious brothers and sisters, priests, deacons, parents of Catholic school children, and Catholic institutions within this diocese.

The updated policy will take effect March 23, 2022.

Lenten mission at S.H. in Columbia

DATE: March 13 - 15
TIME: 7 pm

Redemptorist Father Thomas Donaldson, superior of the Redemptorist community at St. Alphonsus "Rock" Church in St. Louis will lead a Lenten mission for Sacred Heart Parish in Columbia on Sunday through Tuesday, March 13-15.

Fr. Donaldson will offer Mass and preach the homily at 9 a.m. on March 14 and 15 and will give talks each evening from 7 to 9 p.m. in Sacred Heart Church, 105 Waugh St.

All are welcome and encouraged to attend any or all of the sessions.

Fr. Donaldson gives retreats and parish missions around the country and has been a guest speaker for various organizations and seminars.



Fr. Thomas Donaldson CSsR

He holds a master's degree in Addiction Studies and is active in working with people who are dealing with addiction issues and the process of recovery.

He has led parishes and served for 12 years in full-time retreat and parish mission ministry.

Clarification on Baptism during Lent

The following is a clarification of an item included in the "Lenten regulations and admonitions" published in the Feb. 18, 2022, print edition of *The Catholic Missourian*:

Baptism: "To illustrate the paschal character of Baptism, it is recommended that the Sacrament be celebrated at the Easter Vigil or on a Sunday, when the Church commemorates the Resurrection of the Lord." (Order of Baptism of Children, no. 9).

Baptisms may certainly take place during Lent, preferably on a Sunday, but any day other than Good Friday and Holy Saturday (and even then in the case of danger of death).

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— Bishop Joseph M. Marling C.P.P.S., July 7, 1957

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Joy-filled faith, friendship and fun will be basis for new Catholic summer camp for junior high school youth

By Jay Nies

Pope St. John Paul II famously insisted that “God made us for joy!” and repeatedly reminded young people, “Do not be afraid to be the saints of the New Millennium!”

His energy is the inspiration for Camp Lolek, a new experience for Catholic junior high school students in the Jefferson City diocese.

The four-day, three-night camp for incoming sixth-through eighth-graders is focused on faith, community and the joy of Christ.

It will be held at Osage Branch Retreat Center, south of Lebanon, Missouri.

The junior high boys’ session will be from Sunday to Wednesday, July 10-13.

The junior high girls’ session will be from Wednesday to Saturday, July 13-16.

“Lolek” was Pope St. John Paul II’s childhood nickname.

“Our goal for this is to promote joy-filled fun, solid faith community and friendships,” said Maureen Quinn, diocesan director of religious education and youth and young adult ministry.

Participants will gain valuable knowledge about what it means to be Catholic, through experiences rather than a classroom instruction.

“Those experiences will include swimming in the pool, jumping in the Gasconade River, playing games like Archery Dodgeball, and team-building activities,” said Mrs. Quinn.

Bible studies will take place among groups in their cabins and will focus on community sharing.

“We will share the faith through morning praise music and Morning Prayer and around a campfire at night,” Mrs. Quinn stated.

There will be lots of laughter and even a video-game experience.

“What we want the young people to take away from all of this is that faith can impact every element of their life and also be embedded in every element of their life,” Mrs. Quinn said.

“They don’t have to remove technology or laughter or fun from their faith life,” she noted. “They can be filled with faith and filled with joy.”

Satisfying a hunger

Camp Lolek’s organizers developed the concept after talking to parish youth ministers throughout the diocese.

“What we kept hearing was that youth ministry needs to start a younger age, with a strong invitation element,”

Mrs. Quinn said.

This new camp experience fills a previously unmet need in the diocese: a chance for junior high students to have fun and build friendships in a distinctly Catholic environment.

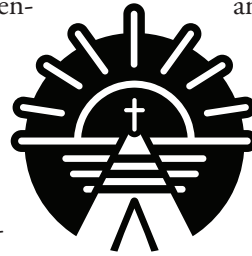
“It will be a fantastic place where junior high students are challenged to grow in their faith,” said Renee Molner,

ness in the world.”

He said that both as a teacher and camp director, his role is to help them recognize their call to sainthood, and to instill in them the confidence to answer that call.

“Every student has the potential to achieve great things and to be a saint!” he said.

Father Paul Clark, who is associ-



Camp Lolek

FOR JUNIOR HIGH

director of youth

ministry for St. Thomas More Newman Center and Sacred Heart parishes in Columbia. “While parents are the first educators in the faith, it’s difficult for parents to be able to provide the widespread community aspect that this camp will offer.”

She noted that secular culture is affecting people at younger and younger ages.

“Kids are being exposed to subjects that can be scary, confusing and disillusioning,” she said. “These junior high students need a place where they can learn about their Catholic faith and can see how they fit into the larger Catholic Church.”

People who attend Camp Lolek in junior high will be able to build on that experience in high school by attending Camp Maccabee for boys or Camp Siena for girls and by coming back as Camp Lolek volunteers.

Joe Powers, who teaches junior high religion at St. Joseph Cathedral School in Jefferson City during the school year and previously headed up the diocese’s *Totus Tuus* program over the summer, will be Camp Lolek’s director.

“I see on a daily basis the hardships faced by so many of young people, even at this age,” he stated. “I also see in them a tremendous desire to find truth, beauty and good-

that this is a crucial time to help children grow in faith.

“My kids are hungry for faith community,” she said, “so I’m really excited that I get to personally take part in planting those seeds and providing it to them.”

She said parents generally play a more direct role in their children’s lives at that age than they do in high school.

“They have more sway when it comes to encouraging their children to attend something like Camp Lolek,” she stated.

Furthermore, the age for receiving the Sacrament of Confirmation in this diocese has moved from high school to seventh grade.

“So they’re receiving the graces of the sacrament at a younger age,” said Mrs. Quinn. “We can never underestimate the power of the Holy Spirit once they’ve been confirmed.”

She said parental involvement in a child’s faith is essential but generally isn’t enough.

“Studies show that every child needs at least five adults to share the faith with them,” she stated.

She pointed to a book called *Sticky Faith* by Dr. Kara E. Powell and Dr. Chap Clark, which expands on the five-adult ratio and the importance of intergenerational relationships in helping young people become lifelong disciples.

Camp Lolek can help lay the groundwork for that.

“We can help provide a strong, positive experience for these young people,” Mrs. Quinn noted, “but we also need to be equipping parents

See CAMP LOLEK, page 12



Bishop McKnight's Calendar

MARCH

Mar 5 Annual Helias Catholic High School Legacy Event, 6 pm, Capitol Plaza Hotel, Jefferson City

Mar 6 Right of Election, 3 pm, Our Lady of Lourdes Church, Columbia

Mar 7 Catholic Rural Life Board Meeting, 10 am, virtual; Center for Applied Research in the Apostolate Executive Committee Meeting, 11 am, virtual

Mar 8 Priests’ Personnel Board Meeting, 1 pm, Chancery

Mar 15 Confirmation Mass, St. Stanislaus Parish, Wardsville and St. Margaret of Antioch Parish, Osage Bend, 6:30 pm, St. Stanislaus Church, Wardsville

Mar 19 Confirmation Mass, Holy Rosary Parish, Monroe City, Mission of St. Frances Cabrini, Paris, St. William Parish, Perry, and St. Stephen Parish, Indian Creek, 10 am, Holy Rosary Church, Monroe City

No better time

Herself a mother of a junior high student and another child who is about to enter junior high, Mrs. Quinn recognizes

Bishop McKnight's March prayer intention for our Local Church

For the Universal Church; that her mission of salvation may be advanced in every place under the patronage of Saint Joseph.

Intención del mes de marzo del Obispo McKnight por nuestra Iglesia Local

Por la Iglesia Universal, que su misión de salvación avance en todos los lugares bajo el patronaje de San José.



Please be so kind as to make this a part of your group and private prayer.

Communal reconciliation services for Lent

Lenten is a good time for an examination of conscience and to receive the sacrament of reconciliation in preparation for the celebration of Christ's passion, death and reconciliation. Here is a partial list of Lenten communal reconciliation services in the Jefferson City diocese. Most services will include a short prayer service followed by individual confessions. Extra priests from neighboring parishes are typically present to help out. Additional services will be added to updated online versions of this article and to the diocesan calendar at diojeffcity.org/events as they are publicized.

Boonville — Thursday, March 24, at 6:30 p.m., Ss. Peter & Paul Church

Brookfield — Sunday, March 27, at 3 p.m., Immaculate Conception Church

California — Thursday, April 7, at 7 p.m., Annunciation Church

Camdenton — Thursday, March 24, at 4 p.m., St. Anthony Church

Edina — Tuesday, March 15, at 5:30 p.m., St. Joseph Church

Eldon — Tuesday, March 22, at 6:30 p.m., Sacred Heart Church

Ewing — Thursday, March 22, at 7 p.m., Queen of Peace Church

Hannibal — Wednesday, March 16, at 6:30 p.m., Holy Family Church

Hermitage — Wednesday, March 30, at 6:30

p.m., St. Bernadette Church

Jefferson City — Tuesday, April 5, at 7 p.m., Immaculate Conception Church; Thursday, April 7, at 7 p.m., St. Peter Church

Kirkville — Sunday, April 3, at 2 p.m., Mary Immaculate Church

Laurie — Sunday, April 3, at 2 p.m., St. Patrick Church

Macon — Tuesday, April 5, at 7 p.m., Immaculate Conception Church

Marceline — Thursday, April 7, at 6:30 p.m., St. Bonaventure Church

Mary's Home — Sunday, March 27, at 3 p.m., Our Lady of Snows Church

Palmyra — Tuesday, March 22, at 6:30 p.m., St. Joseph Church

Pilot Grove — Thursday, April 7, at 6 p.m., St. Jo-

seph Church

Russellville — Wednesday, April 6, at 7 p.m., St. Michael Church

St. Thomas — Tuesday, March 22, at 7 p.m., St. Thomas the Apostle Church

Sedalia — Sunday, March 20, at 4 p.m., St. Patrick Chapel

Shelbina — Tuesday, March 29, at 7 p.m., St. Mary Church

Taos — Thursday, March 24, at 6 p.m., St. Francis Xavier Church

Tipton — Wednesday, March 23, at 7 p.m., St. Andrew Church

Wardsville — Wednesday, March 16, at 6 p.m., St. Stanislaus Church

Warsaw — Tuesday, March 29, at 6:30 p.m., St. Ann Church

Care for creation is focus for "A Season of Hope" online study and reflection program for Lent

By Jay Nies

A group of parishioners from Immaculate Conception Parish in Jefferson City have created "A Season of Hope," an online Lenten resource focused on care for creation.

Weekly topics include the Lenten pillars of praying, fasting and almsgiving, along with conversion, communion, and entering a new relationship with God's creation.

"This program references

the Sunday readings while exploring the issues of climate change: our awareness of the gift of creation and our response to it as people of God," stated I.C. parishioner Jim Kemna, the program's coordinator.

People are encouraged either to participate in the program individually and engage with others through social media, or form a group to meet and explore together, using this online program as a guide.

Each week's session includes a Scripture passage from that week's Sunday readings; a teaching on respect for creation; questions for reflection; online links for further reading; a Lenten challenge for the week; suggestions for journaling and discussion; and a prayer to be prayed each day of the week.

Facebook users are encouraged to engage with each other on the IC Season of Hope page through meaningful ques-

personal topic for him.

"I was motivated to do something about the environment and climate

done very little to cause it.

"Pope Francis has challenged all believers to listen to the cry of the poor and to the silent cry of the earth," said Mr. Kemna.

He believes one of the most helpful things people can do about the issue is to bring it up in conversation and help more people become aware of it.

"This program can get the conversation and the conversion going," said Mr. Kemna. "What better time than Lent to challenge ourselves to give up some bad habits that might be harming God's creation?"

To participate, follow "IC Season of Hope" on Facebook or visit icangels.com/lenten-resources.

tions, comments, ideas and feedback on the challenges and action steps.

Mr. Kemna said care for creation has become a very

change when I began to consider what kind of world my 5-year-old granddaughter would live in," he said.

He also stopped to consider the poorest people around the world who are already experiencing the harsh effects of climate change while having



Scan this QR code on your smartphone to sign up for "A Season of Hope."

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Diocese of Jefferson City

Rest in peace, Tipton native Sister Eula Linnebur CSJ

Served for a time in Fayette, Glasgow, Slater

Sister Eula Linnebur, 87, of the Sisters of St. Joseph, died on Feb. 17 in Wichita, Kansas.

She had been a member of the Congregation of St. Joseph for 72 years.

The Mass of Christian Burial was to be celebrated privately, due to the COVID-19 pandemic.

She was born on Dec. 16,

1934, in Tipton, the ninth of 11 children born to Edward and Leona Kramer Linnebur.

She attended St. Andrew School in Tipton and entered the Congregation of St. Joseph in Wichita, receiving the habit on March 20, 1950, and making final vows July 26, 1956.

During those years, she completed high school and college, earning a degree in education from St. Mary of the Plains College in Dodge City.

She taught at elementary schools and did pastoral ministry in Kansas, Missouri, and California.

In the Diocese of Jefferson City, she worked in Fayette, Glasgow and Slater, all while working toward a master's degree in Religious Education and Theology from Saint Louis University in St. Louis. She received the degree in 1978.

She learned sign language and spent 17 years working in



Sr. Eula Linnebur CSJ (1934-2022)

sibilities, but she still found time for other interests. She enjoyed crafts, and her talents for special-occasion origami and napkin-folding brought a festive touch to the congregation dining rooms.

As "Son Glow," she provided years of spiritual healing through her clown ministry.

Preceding her in death were her parents, five sisters and four brothers.

In addition to members of her religious community, she is survived by one brother, Linus, as well as nieces and nephews.

Memorials for her may be sent to the Retirement Fund for the Sisters of St. Joseph or to Dear Neighbor/StepStone, both at 3700 E. Lincoln St., Wichita, KS 67218.

Texas bishops call for mercy for mother facing execution

Melissa Lucio and her family deserve a review of her conviction

Austin, Texas

The Texas Catholic Conference of Bishops (TCCB) are asking the State of Texas to spare the life of Melissa Lucio, a mother of 14 and a grandmother, who is sentenced to die April 27.

Melissa Lucio was sentenced to die by a flawed process. With no evidence and no witnesses, she was convicted based on a coerced, passive admission of guilt, given after a rigorous interrogation the night her 2-year-old daughter, Mariah, died after a fall down a staircase.

A broad coalition, including domestic violence and battered women's organizations and

former prosecutors, and others, has expressed support for Melissa's innocence.

The TCCB statement follows:

"As the Texas Catholic Conference of Bishops, we ask the state to commute Melissa Lucio's sentence of death and re-examine the case to consider her history as a victim of sexual abuse and domestic violence, her troubling interrogation by law enforcement, and the lingering questions regarding the manner of her daughter Mariah's death.

"Melissa has undertaken a spiritual journey while in prison. Her spiritual advisor, Deacon Ronnie Lastovica of the Diocese of Austin, reports how her heart is centered on Christ and how she has been accompanying others to a deeper

faith.

"As bishops of the Texas Catholic Conference, we affirm the statement of our brother, Bishop Daniel Flores, who shepherds the Diocese of Brownsville, where the Lucio family lives. Bishop Flores states, 'One tragedy is not somehow made better by killing someone else. Justice is not suddenly restored because another person dies. Executing Melissa will not bring peace to her surviving children, it will only bring more pain and suffering.'

"Melissa's case illustrates yet again why the Texas death penalty process cannot be trusted

See EXECUTE, page 17

ministry to people with hearing impairments.

Her formal assignments and ministries covered a wide range of duties and respon-

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Pandemic pushes children's mental health issues to forefront

By Aprille Hanson Spivey
Catholic News Service

Fayetteville, Arkansas

Off and on, since the COVID-19 pandemic began and in-person instruction resumed, St. Joseph School counselor Suzanne Krumpelman in Fayetteville has spoken to students to gauge how they are coping.

During one informal survey, Krumpelman asked how many students know someone who has died from COVID-19 or become gravely ill.

"Almost every single one of the kids raised their hand," she said. "And you know we just don't think about it. There are kids who lost grandparents, uncles, cousins, friends who were significant in their life. They are dealing with a lot of other difficult things. ... Every child has been impacted by this pandemic in one way or another."

In December, U.S. Surgeon General Vivek Murthy issued a grim advisory regarding the mental health of youth.

While there was a mental health crisis among children before the pandemic shut down the world, the fact one in five children ages 3-17 are having a mental, developmental, emotional or behavioral disorder, the isolation, fear and uncertainty has magnified the

problem.

"I think that's where we all want people to be: 'The kids are great, they are fine.' They probably seem that way, but they are not. You have to dig a little deeper," Krumpelman said.

According to a September report from the Children's Hospital Association, there was a 45% higher rate of reported self-injury and suicide cases in children ages 5-17 in the first half of 2021 than in the same period in 2019. There also was a 14% increase in mental health emergencies in the same age group in the first two quarters of 2021 compared to 2019.

"I think for sure parents need to be keeping an eye on their kids. The stress level is very, very high for kids right now," Krumpelman told the *Arkansas Catholic*, newspaper of the Diocese of Little Rock.

"I have had to work with more kids than I ever had in two years that are having panic attacks for the first time. ... Children, they just kind of survive the moment and go along with the moment," she said, "and it takes a little bit of time for the aftereffects to happen."

While adults may have processed why quarantining was necessary, younger children



Suzanne Krumpelman, counselor at St. Joseph School in Fayetteville, Ark., reads to first graders about friendship Feb. 9, 2022.

— CNS photo/Travis McAfee, Arkansas Catholic

may not have. Suddenly, they were not allowed to see friends, go to school, church or anywhere for fear of catching a potentially deadly virus, along with wearing masks and taking other safety precautions. There was no longer a routine.

Monsignor Jack Harris, pastor of Sacred Heart Parish in Morrilton, Arkansas, and a trained crisis counselor, said the biggest threat to mental health he's seen in his students at the parish school is isolation and loneliness stemming from virtual learning and quarantining.

"School is a traumatic thing, to begin with; it's hard. It really is; the demands, the requirements are hard to meet. If you are having trouble with that, it's a trauma," he said. "These things can really create difficulty. Add that to trying to handle that on your own or virtually."

The Centers for Disease Control and Prevention characterize anxiety in children as not outgrowing certain fears or worries or when those worries "interfere with school, home or play activities."

Persistent feelings of sadness or hopelessness can indicate depression. Other indicators include not wanting to do fun activities, changes in eating or sleep patterns, energy level changes from tired to restless, difficulty paying attention, feelings of guilt, uselessness or worthlessness, and self-injury or self-destructive behaviors.

Krumpelman said there are some signs that may not be as obvious to determine if a child is suffering from anxiety, depending on their age.

"The little ones, a lot of

times they are just really active, sometimes it looks like ADHD (attention deficit hyperactivity disorder). They are quick to get angry; they are irritable," she said.

Other signs for younger children could be a hard time concentrating, having dreams or nightmares, wanting to sleep with their parents at night, being clingy, overreacting or obsessively crying over things, stomach aches and making frequent trips to the school nurse.

"Just needing to go to the bathroom a lot in class. That's their way of getting out of a situation" that might be making them anxious, Krumpelman said.

Older children and teenagers may also experience those things, but older ones typically exhibit constant worrying and extremes -- sleeping too much or too little, trouble concentrating, spending too much time with others or always wanting to be alone and fighting about things they haven't before.

"What if this happens, what if that happens." They might start worrying about their family, Mom or Dad out in the (bad) weather that wouldn't (usually) be a huge concern for them and all of the sudden they're worried about things like that," Krumpelman said.

Being overly critical of themselves, saying things like, "Oh, I can't do anything right, nobody likes me" can be an indicator, she added.

Though each child is different, Krumpelman said, in her experience boys do not tend to

talk about their feelings but act out more with negative behaviors.

"Girls will tell you a little bit more. But this is not something kids can put into words," she said.

Krumpelman suggests parents try to talk to their children, but they may not be open to sharing.

At that point, reach out to teachers or other adults in their life to see if they have noticed changes, she suggested. If a pattern of behavior continues for weeks or things get worse, especially with self-harm or talk of suicide, a counselor needs to get involved.

From a pastoral standpoint, it's about being present. Msgr. Harris greets students as they arrive at school, asking about a canceled game or activity, a hard test or any challenge they might be facing.

"Being out there and doing that is very important. That kind of an informal being on their turf, showing up there when you can be somewhere else, but you're not," he said.

Schools can also provide resources to parents. In the fall of 2021, Our Lady of the Holy Souls School in Little Rock hosted a two-night viewing of the 2017 documentary "Angst" about anxiety and a panel discussion. The school has seen "heightened levels of kids that are talking about self-harm" and struggles going back to campus after virtual learning, said principal Amber Bagby.

"I just feel like trauma is trauma no matter where you are. It definitely presents itself differently than some of the public schools I was in, but the feelings are all the same," Bagby said. "There's a misconception I think a lot of people have with our private schools that our babies are free of some of that stuff."

"I think we're up against a little bit of that stigma of 'I'm having anxiety or a panic attack, I must be the only person.' It's important for kids to know (that) everyone is suffering right now," Krumpelman said.

Spivey is associate editor of the Arkansas Catholic, newspaper of the Diocese of Little Rock.

Keeping them in prayer



The Vocations Committee of Immaculate Conception Parish in Jefferson City made prayer cards with names and photos of seminarians of the Jefferson City diocese and people in consecrated life. Parishioners who picked up prayer cards in church the weekend of Feb. 19-20 committed to praying daily for the person listed on the prayer card.

— Photo from the Immaculate Conception Catholic Parish Facebook page

Nationally-renowned liturgical musicians to present in Columbia

DATE: March 25 & 26

Jaime Cortez, Lynné Gray to focus on welcome and unity, as well as improving music skills

By Jay Nies

Sacred music has the power to focus people on God and draw them into a deeper relationship with Him and one another.

People entrusted with harnessing that power in their parishes should always be looking for ways to grow in their knowledge, abilities and commitment.

"It's important to interact with other people who are doing similar things and also to hear different perspectives and learn some new things about our faith and ministry," stated Jaime Cortez, director of liturgy and music at Our Lady of Perpetual Help Parish in Scottsdale, Arizona.

Mr. Cortez and Lynné Gray, director of the Gospel Mass Choir for the Archdiocese of Washington, D.C., (both widely-respected presenters in their fields) will be in Columbia, Mo. on Friday and Saturday, March 25-26, to lead two separate events in Our Lady of Lourdes Church.

Both events are sponsored by the Jefferson City Chapter of the National Association of Pastoral Musicians (NPM), in partnership with the Jefferson City diocese.

The first event will be a workshop for pastors, directors of religious education and catechists, titled "God in the Barren Spaces: Ministering with Music to the Whole Community," at 6:30 p.m. on March 25.

The registration cost for this event is \$15 per person.

On March 26, guitar and vocal coaching for volunteer singers, cantors, choir members and guitarists will be offered from 9 a.m. to noon.

Guitarists will work with Mr. Cortez on techniques. Vocalists will work with Ms. Gray, being guided to healthier singing.

The registration cost for this event is \$20 for NPM members, \$30 for non-members. Lunch will be included.

"Hospitality and love"

Mr. Cortez has served as a pastoral musician for over 30 years in the Diocese of Phoenix. He is an adept teacher of instruments and of music ensembles, and gives workshops on pastoral music ministry and presents parish missions in English and in Spanish.

As a clinician, he has dedicated his ministry to promoting better Hispanic liturgies and bringing cultures together for worship.

He aims to help people who minister with music find resources for growing in faith and knowledge.

"I want to encourage them, inspire them to research and read up on and know more about their faith and ministry," he said.

He emphasized the importance of music ministers cultivating fellowship and lifting each other up.

"We as liturgical ministers need to remember that we're all in this together," he said. "We need to keep hospitality and love at the forefront, which is what Christ would do. And this means also helping one another, respecting one another, encouraging one another."

"Wonderful opportunity"

Ms. Gray is an accomplished liturgist, arranger, director, composer, vocal coach and accompanist who shares her love of voice in ministry throughout the United States.

She said it can be difficult to change one's heart, but it is not difficult to open one's heart.

"My hopes are that through what we sing and hear during this workshop, eyes will be open, hearts will be open, minds will be open to what our call is in our Church: to love, to serve, to leave no one alone on the journey of faith," she said.

As a liturgist and worship leader, Ms. Gray has served on the Liturgical Music Committee for the Archdiocese of Washington, D.C., and given numerous workshops.



Jaime Cortez

She was blessed in 2008 to direct the Gospel Mass Choir during the Mass for Pope Emeritus Benedict XVI.

She said ministering through word and music at Mass presents "a wonderful opportunity to lead our community of faith into full, active and conscious participation."

"Through the Sacrament of our Baptism and our journey to and through the Paschal Mystery, all must be invited, all must be ministered to, all must feel welcome," she said.

"Beautiful tapestry"

Ms. Gray wasn't Catholic yet when she accepted her first job in a Catholic church as organist for her current parish, St. Anthony of Padua Parish in Washington.

She had a strong Christian upbringing and brought that with her into undergraduate and graduate studies at The Catholic University of America.

"When I applied for the job as organist, I was hired," she said. "I marvel at the fact that I did not even understand the richness of our Liturgy at that time."

God put all of her gifts to good use as she continued learning about how Catholics worship while being drawn to the sacraments. She became Catholic in 1996.

"I marvel at how the Lord can use all that we have and all that we are if we are bold and



Lynné Gray

courageous to say, 'Here I am, Lord. Use me!'" she said.

Ms. Gray believes it's important for people who serve in parish ministry to take time "to recharge, to learn, to be healed, to sing together, to be ministered to and to gather all who have said 'yes' to the call of ministry — ordained and laity."

"We need each other to do the work that is needed in our churches," she said.

She emphasizes the unity of faith shared by all who lead and help with Catholic Liturgy and worship.

"Though we are different in race, culture and at times spirituality, we all serve and love the one Lord," she stated. "We all are a part of the beautiful tapestry made up of different threads, yet from the same cloth."

Connection and openness

As preparation for both workshops, Mr. Cortez suggested reviewing the "Sacrosanctum Concilium," the

Constitution on the Sacred Liturgy, which was the first document to come out of the Second Vatican Council.

It can be found on the Vatican website by searching "Sacrosanctum Concilium."

He asked for prayers for God "to help us connect to one another, as assembly, and to help us connect to one another as human beings and followers of Christ; that a spirit of compassion and mercy fill us all."

Ms. Gray asked that people attend the workshop with an open mind, open heart and open hands to receive what is being shared.

She suggested praying "that we continue to ask the Lord for strength, courage and perseverance."

"I thank all who will attend and be blessed by their participation," she said. "I pray that we lift up our prayers of encouragement and success for what I know will be a wonderful, spiritual gathering."

Register for either or both events by emailing jeffersoncitymo@npm.org.

A form and invoice will be sent via email.

The registration deadline is March 18.

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QUESTION CORNER

Are silent prayers heard by God? Communion in hand or tongue?

By Father Kenneth Doyle
Catholic News Service



those prayers — the silent ones — are heard. (Georgia)

Q. I am an 88-year-old Korean War veteran with a question that is not earth-shattering but one that bothers me almost every day. I talk and pray to God, to Jesus and to the Blessed Virgin Mary out loud — every morning and at night before I go to bed. (I live alone.) But there are also times when I pray silently — just in my head — especially if I wake up during the night. So what I need to know is whether

A. Please relax and be at peace. The Lord (and Mary, too) hears all our prayers, including the silent ones. In fact, the Bible speaks directly to that. The Letter to the Hebrews says: “The word of God is living and effective ... penetrating even between soul and spirit ... able to discern reflections and thoughts of the heart” (4:12).

Even when we are burdened and find prayer difficult, the Lord is there to help us. Paul’s Letter to the Romans says that the Spirit “comes to the aid of our weakness; for we do not know how to pray as we ought, but the Spirit itself intercedes with inexpressible groanings” (8:26).

So God can hear our thoughts just as easily as He can hear our words. (This may serve as a helpful reminder; even our thoughts should be kind and prayerful, too.)

Q. My sister claims that receiving Holy Communion in the hand is disrespecting the Eucharist. I told her that it must be OK because the first sacrament of the Eucharist was received in the hand (at the Last Supper). So I was wondering when the practice of receiving on the tongue started. (City and state withheld)

A. It is safe to assume that at the Last Supper, when Jesus said, “Take and eat; this is My body,” the apostles received that first Eucharist in their hands. And that practice continued during the early centuries of the Church.

At the Council of Constantinople in 692, Christians were instructed that “if anyone wishes to be a participator of the immaculate body ... and to offer himself for the communion, let him draw near, arranging his hand in the form of a cross.” That practice was the norm throughout the early Middle Ages.

But by the 13th century, St. Thomas Aquinas wrote in the “*Summa Theologiae*”: “Out of reverence toward this sacrament, nothing touches it but what is consecrated; hence the corporal and chalice are consecrated, and likewise the priest’s hands, for touching this sacrament. Hence it is not lawful for anyone else to touch it except from necessity, for instance, if it were to fall upon the ground.”

In 1969, the Church document “*Memoriale Domini*” outlined Pope Paul VI’s decision to maintain the practice of receiving the Eucharist on the tongue: “Communion (on the tongue) must be retained ... not merely because it has many centuries of tradition behind it, but especially because it expresses the faithful’s reverence for the Eucharist.”

But in 1977, permission for administering Holy Communion in the hand was granted by the Holy See to the United States, and the *General Instruction of the Roman Missal* now reads: “The communicant ... receives the sacrament either on the tongue or, where this is allowed and if the communicant so chooses, in the hand” (No. 161). The option belongs to the individual. Both can be done with reverence, and neither way is more noble.

Questions may be sent to Father Kenneth Doyle at askfatherdoyle@gmail.com and 30 Columbia Circle Dr., Albany, New York 12203.

Papal Audience March 2, 2022

Dear Brothers and Sisters:

In our continuing catechesis on the meaning and value of old age, viewed in the light of God’s Word, we now consider the contribution that the elderly can make to the development of a truly humane society, one in which every age group has something to offer. The elderly have much to teach us about the meaning of life; theirs is a wisdom, matured over time, that can help us to face the ever new questions and challenges raised by today’s rapidly evolving society. For this reason, I wished to set aside a special day in July to honor grandparents and the elderly. The covenant between young and old — indispensable for a healthy social life — can help us, amid today’s frenetic pace of life, to remember that, as men and women made in the image of God, we are called to a fuller vision of our life together, rediscovering God’s presence in our midst and caring for the needs of our brothers and sisters. May we recognize the importance of the elderly among us, and learn from them that the true rhythms of life are those, not of the stop-watch, but of the harmonious relationship between the generations.

I greet the English-speaking pilgrims and visitors taking part in today’s audience, especially the groups from Norway, Ireland and the United States of America. May the Lenten journey we begin today, with prayer and fasting for peace in Ukraine, bring us to the joy of Easter with hearts purified and renewed by the grace of the Holy Spirit. Upon each of you, and your families, I cordially invoke God’s abundant blessings.



A priest forever ...



Bishop W. Shawn McKnight presents to Monsignor Michael Wilbers, a retired priest of the Jefferson City diocese, a framed document of an Apostolic Blessing from Pope Francis on the occasion of Msgr. Wilbers’s 50th priestly anniversary on Feb. 27. Now living at St. Joseph’s Neighborhood at the Heisinger Bluffs Lutheran Senior Services in Jefferson City, Msgr. Wilbers previously served the diocese as a pastor, diocesan director of religious education, chancellor, vicar general and episcopal vicar.

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How Tom Brady can inspire our Lenten discipline

By Elise Italiano Ureneck
Catholic News Service



Tom Brady has retired. Even as I write these words, I can still hardly believe it. The “greatest of all time” NFL quarterback’s career began when I was 16. I’m now nearly

38.

Since he was drafted, I graduated from high school, college and graduate school. I’ve had two different careers, gotten married and given birth to two sons. From what I can tell, I have more gray hair than he does, and I’m without any doubt in worse physical shape than he has ever been.

I’ve been reading a good deal about his career these past few weeks, marveling at his longevity as well as the

Winter’s Lessons

By Sr. Helen R. Boyd, OP

As the season of winter deepens its hold on us, nature provides us the opportunity to pursue an increased awareness of the gift of silence.

There appears to be a death to growth all around us. Nature presents to us a picture of stillness which other seasons lack. But it is the silence of nature that beckons us to come and savor the inward experience of peace and tranquility.

Have you ever noticed during a snowfall the exquisite silence as the flakes fall upon your face and you almost drown in the beauty of it all?

It is more than just a sense of quiet as one’s sense of hearing seems so much more acute. No wonder Rumi’s words “The language of God is silence” come to mind.

Winter offers us truly gifted moments if we are attentive to them. At every moment of our day, this world of ours tries to distract us from what truly matters with the noise of phones, computers, and the like.

The stillness of winter calls us to know that God’s presence is embracing us and begging us to care more about our relationship with the eternal than the mundane events of earthly existence.

The season of winter can also be described as one of transition since it appears as if everything has halted and grown pale to our eyes.

Green has turned to brown, blue skies have grown gray, and the air has become cold and hostile to our physical being. All of this can seem to crush our spirits. However, we know that beneath it all the seeds of new life are merely

many records he set over 22 years in the league. As has been noted by many, his skills not only didn’t diminish over two decades, but improved as time went on.

For all of the seemingly miraculous moments Brady gave sports fans — even those like me who were conditioned to root against him by virtue of loyalty to home teams — there was no mystery as to how he pulled off what seemed like the impossible: Brady was single-minded in pursuit of his goals.

From what I can tell he had two of them: winning and being the best quarterback while marching his team down the field to victory.

There was also no mystery as to how he succeeded — in fact, all of those come-back-from-several-scores-down-in-the-fourth-quarter moments he attributes to self-discipline. Brady has been the first to admit that if he didn’t work hard at his craft, he’d naturally be an average player.

sleeping.

It seems that God has given us a yearly reminder that transitioning and change are to be expected, even anticipated with hope and joy and not despair.

During these past two years, we have all experienced a great deal of transitioning.

The challenge for each of us is not to allow negative thoughts to swallow up our lives but to remind ourselves of the words of St. Teresa of Ávila that “all things are passing; God alone is sufficient.” We can find comfort in God’s language of silence during this extended “winter” which each of us has endured.

Our Buddhist brothers and sisters teach us much about impermanence in their mandala art.

They devote many hours, if not days, to creating intricate and beautiful designs with colorful sand, stones, and tiny beads.

After all this labor, they then blow it all away with one single breath in order to remind themselves that all in life is impermanent. A winter snowfall is like a mandala; it is beautiful and then it disappears.

The wonderful lesson from the Buddhist tradition teaches us not to hold on too tightly to the circumstances of life, be it our health, friends, or positions.

When we are called to a time of transition — or a season when so much of our usual active life vanishes, we can find comfort in the beauty of winter and joyfully embrace God’s silence.

Sister Helen is a Dominican Sister of Sparkill, N.Y.

In 2021, sports columnist Sally Jenkins of *The Washington Post* broke this down for readers: While Brady’s restrictive diet and demanding physical training program are well known and widely marketed, self-discipline really comes down to the choice to delay instant gratification for a later reward, and to continue to do it over an extended period of time.

“The more good behaviors you have, the better things turn out,” Brady has remarked. “It’s just, do people have the discipline to repeat those behaviors? That’s the tricky part.”

Brady’s throwing coach Tom House shared that “what separates ... elite athletes, the Hall of Famers, is that they try to get better every day not by 20% but just 1 or 2%.”

Brady dedicated himself to small, incremental improvements, not growth by leaps and bounds. The broken records and Super Bowl rings might seem to the average sports fan to be feats of great strength, but they were, in the end, goals that he inched toward.

To my mind — and I can’t believe

I’m writing this as a Philadelphia Eagles fan — this is Brady’s lasting gift to everyone out there who feels average but who has big dreams.

It’s also a lesson for people trying to kick bad habits, addictions or negative behaviors. Virtue is cultivated day in and day out, through small choices made over and over again. Practice doesn’t always make perfect, but it does make things more permanent.

And it’s certainly helpful for us Catholics to take this aspect of the “TB12 Method” into Lent, a season marked by the three disciplines of prayer, fasting and almsgiving.

These disciplines are not corporal punishments, though they should hurt a bit. That pain, delayed gratification or absence of something good all help us to remember through our body what we are pursuing with all our mind, heart and strength — heaven.

What we fast from should remind us of the bread for which we truly hunger. The time we give to prayer instead

See URENECK, page 19

REFLECTION

Dust and dominion

By Mark Saucier

For many of us, Lent begins with those sober words: “Remember that you are dust and to dust you shall return.”

This echo of Adam and Eve’s expulsion from the Garden cautions us that death is inevitable, and we must make the most of the life we have been given.

But there is more to those words. They tell us that, just as Adam was formed from a handful of clay, we are not made of nothing.

We are composed of mineral dust of exploding stars, atoms that once formed dinosaurs and ancient cave-dwellers, and water that has recycled from stream to cloud for billions of years.

The world in which God has placed us is a wondrous, interconnected place.

From Genesis we learn that the God Who is love, created a world of relationship. Each day of creation is another layer in a great mesh of interdependence.

With each, God saw that it was good.

Then God made man in “the divine image.” God gave this creature “dominion” over this exquisite creation.

Dominion over creation has made life easier, healthier, more enjoyable and more meaningful.

Unfortunately, in subduing nature, we often forget that we are also made in God’s image — called to recognize and preserve the goodness of that world.

To fulfill our role of dominion while acting in the image of God, we must nurture a reverence for creation.

We must learn to see it in all its beauty, not just in color, shape or power, but in the mysteries of astronomy, physics and chemistry.

Only in awe of creation, in deeply relating to it, will we find our own place in it. Only then will we understand that we are recipients of its natural grace, but also contributors who can either strengthen or threaten this web of life.

Nowhere is this more evident today than in climate change.

Over 200 years ago, Alexander von Humboldt provided evidence that everything in nature is interconnected. He warned of the effects of human action on our physical world. Yet here we are, on the cusp of a planetary disaster.

Environment and climate change have become highly contentious. Maybe that’s because we try to address them without first understanding our relationship to the natural world and the responsibility that bond implies.

We might start this Lent, like von Humboldt in the *llanos* of Venezuela or like God in Eden in the “cool of the day,” and simply go for a walk.

Time to celebrate Shrine of St. Patrick's 65th anniversary

By Jay Nies

Shrine of St. Patrick Parish in St. Patrick will celebrate the 65th anniversary of the completion of the shrine during its annual St. Patrick's Day celebration on Sunday, March 13.

Father Rob Fields, pastor, will celebrate Mass at 8 a.m. in the shrine, located at 2 Erin Circle, off of State Highway 81 in Lewis County.

Following Mass, the parish's 2022 Historical Preservation Award will be presented to Franciscan Father James Wheeler of Quincy, Illinois, and posthumously to Franciscan Sister Mary Eleanor Dunning (1922-2011); Sr. M. Veronica Ellison of the Franciscan Sisters of the Poor (1912-2000); Franciscan Sister Agnes Clare Henderson (1910-2006) and Franciscan Sister Pauline Logsdon (1923-2019).

All five grew up as members of Shrine of St. Patrick Parish.

"The Catholic Church has always been the center of the St. Patrick community and inspired these individuals to give their lives in service to God," the event's organizers noted in a statement.

After Mass, a roast beef and ham dinner will be available from 10:30 a.m. to 1:30 p.m. There will also be a Silent Auction, 50/50 Raffle and Children's Cake Walk.

The 2022 Special Pictorial Cancellation and Envelope is

also available for purchase that day, with the historical "St. Patrick, Mo. The Only One In The World" Cachet Stamp and the special pictorial postal cancellation.

Humble origin

Far away yet close, as the past and present become one in the Communion of Saints and the Holy Sacrifice of the Mass, Monsignor Francis O'Duignan (1901-91) and past parishioners will join in the eternal hymns of praise.

It was their prayers and hard work that after 22 years yielded a shrine suitable for God's glory and the memory of a fifth-century missionary who had convinced the warring chieftains of an island called Erin to submit to the will of the One and Triune God.

Msgr. O'Duignan, a native of Longford, Ireland, who had come to the United States as a priest of the former Diocese of St. Joseph, Missouri, was appointed pastor of St. Patrick Parish in 1935.

According to legend, he entered and left the town by horse and carriage before realizing that he had arrived.

He became shepherd of a century-old Catholic community dating from the arrival of Richard and Rose (Simpson) Riney and several members of their families in 1833.



The Shrine of St. Patrick in St. Patrick, seen in this 2021 photo, was dedicated 65 years ago, on March 17, 1957.

— Photo by Jay Nies

Bishop Joseph Rosati, CM of St. Louis bought the present parish property in 1838.

Irish-born Father Bernard P. McMenemy in 1854 sold 10 acres of the property for the development of a town, which he named St. Marysville. He later renamed the town St. Patrick.

When a post office was established there, it became the only post office in the world to be named for St. Patrick — a distinction it still proudly holds.

A substantial brick church, built in 1860, was sagging under its own weight by 1903, when parishioners built a simpler church on the same site.

Grand designs

Msgr. O'Duignan became convinced that the people of St. Patrick could do much, much better if they set their minds and hearts to it.

The parishioners were poor farmers weathering the Great Depression. His first Sunday collection was \$1.72. If the town and parish of St. Patrick were to live up to the legacy of their namesake — whose missionary endeavors and subsequent intercession have drawn millions upon millions to the faith — they would need some help.

"Next to St. Paul, St. Patrick was the Church's greatest missionary," Msgr. O'Duignan told *The Catholic Missourian*

in 1974.

As pastor, Msgr. O'Duignan started the parish's annual Novena to St. Patrick from March 9-17.

In 1936, the priest designed a shamrock cachet, or official seal, and affixed it to 500 letters requesting donations toward building a shrine. He mailed the letters all over the country, bearing the March 17 St. Patrick postmark.

He wanted the shrine not

only to honor St. Patrick but also the United States, for welcoming so many immigrants.

Over the years, he recruited young parishioners — specifically typing students at the old parish high school — to search telephone directories and address letters to people with Irish surnames.

He mailed thousands of letters each year, and wrote a personal thank-you note for every donation, large or small.

Letters bearing the distinctive cachet and St. Patrick cancellation became sought-after items among stamp collectors and Ireland's dispersed sons and daughters. People began sending donations and requesting some special mail.

Msgr. O'Duignan never disappointed them.

Promise fulfilled

After two decades of calling upon people of many creeds, nationalities and means in the United States and Ireland, Msgr. O'Duignan finally had enough money to begin the new shrine.

It would be a stone bridge

See ST. PATRICK, page 13

Special card, cachet and postal cancellation

The Shrine of St. Patrick in St. Patrick is offering a specially-designed envelope and 2022 pictorial postal cancellation, envelope and prayer insert through March 31.

Both the envelope and the U.S. Postal cancellation are a celebration of Ireland.

A beautiful Celtic cross with a shamrock that is wrapped with trailing ribbon and the words "Erin Go Bragh," which is Gaelic for "Ireland forever."

The Irish greeting on the prayer insert, which also has the Celtic cross, harkens back to the "Old Sod," with Irish blessings and Irish good luck wishes.

The greeting-card-sized envelope can be purchased for \$2.25 each and include the envelope, Irish greeting insert, postage, and the special Cachet stamping of "St. Patrick, Mo. The Only One In The World."

The greeting card can also be inscribed for the sender by the Shrine of St. Patrick volunteers and also be mailed on the date of the sender's choosing, between now and March 31.

"By sending your mailing list to The Shrine of St. Patrick, P.O. Box 34, St. Patrick, Mo. 63466, the Shrine volunteers will prepare your envelopes per your wishes and apply the special Cachet stamping," volunteers stated. "They will then deliver them to the St. Patrick Post Office for the Special Pictorial Cancellation and mailing."

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Ukrainian resistance is unifying people of good will throughout the world

“Ukraine’s freedom has not yet perished, nor has her glory...”

— Opening words of Ukraine’s national anthem

By Mike Hoey

In Moscow, St. Petersburg and other cities, Russians are taking to the streets to protest Vladimir Putin’s brazen bid to annex Ukraine.

Many are going to jail and face prosecution.

A daughter of a high Kremlin official tweeted a plea for peace before someone pulled her post.

A Russian tennis star scribbled on a camera filming his match, “Stop the War.”

Putin’s Russia is not Russia. The Russian people have been cowed and brutalized for years, but the end may be near for Putin’s tyranny.

Young Russians are Russia’s future, not Putin. They don’t pay attention to the lies broadcast by the official State TV, but get their news from the Internet, today’s version of Radio Free Europe.

Russian youth see what Putin is doing and they are condemning it.

In fact, the whole world is watching as Russian artillery shells residential areas, killing women and children, and Russian tanks advance on Ukraine’s capital city, Kyiv.

In Kyiv, street signs have been erected to greet invaders: “Russian soldier — Stop. Remember your family. Go home with a clean conscience.”

Accountants and office workers who have never handled guns are learning how to use them. Women are preparing Molotov cocktails.

It is a David and Goliath struggle, but as this article is written, Ukrainian forces continue to put up fierce resistance.

“The fight is here”

In an incredible act of bravery, Ukrainian President Volodymyr Zelenskyy has refused to flee Kyiv, telling the United States, “The fight is here; I need ammunition, not a ride.”

He has shown the Western allies what real courage looks like and has challenged them

to come to his country’s aid: “We have proven our strength. We have proven that, at a minimum, we are exactly the same as you. So prove that you are with us. Prove that you will not let us go.”

And in a statement that could have been torn from the opening of John’s Gospel, this Jewish man of great faith said: “Then, life will win over death and light will win over darkness”

Without this fierce resistance, Putin’s underlings would already be in Kyiv. A puppet government would be telling the world that Russia has saved Ukraine from a corrupt, neo-Nazi government.

The only reason this has not happened is because of the resolve of the Ukrainian people. By slowing down the Russian advance, they have unmasked Putin’s lies and brutality and given the rest of the world time to take stock of what is happening and respond.

Vladimir Putin, the former KGB operative, apparently thought he could treat Ukraine as the former Soviet satellite it used to be, that he could move quickly and in stealth to install a puppet government that would do his bidding.

But Putin has badly miscalculated.

He calls Ukraine a neo-Nazi state when its president is Jewish. No one believes his lies.

He may have thought the Ukrainian people would welcome his army with open arms, but they have met this invading force with stubborn resistance.

How could it be otherwise? Before gaining its independence in 1991, Ukraine was a country under the cruel thumb of the Russian czars and then the Soviet communists.

In the 1930s, Josef Stalin saw Ukraine’s productive “black earth” as a national asset whose grain could be exported for badly needed hard currency.

At gunpoint, communist brigades forced peasants to hand over their grain. Next, the communists confiscated the peasants’ land and herded them onto collective farms.

So-called Kulaks, wealthier and more successful farmers,



A truck displays an electronic message while protesters demonstrate outside United Nations headquarters in New York City, as diplomats inside hold an emergency session of the 193-member U.N. General Assembly on Russia’s invasion of Ukraine Feb. 28.

— CNS photo/Mike Segar, Reuters

were rounded up and sent to Siberia.

The consequences were predictable but tragic: historians estimate that at least 3.5 million Ukrainians died from hunger and disease.

Defining moment

Both the czars and the communists made sporadic attempts to stamp out Ukrainian culture: the Ukrainian language could not be taught in schools, and Ukrainian dress and customs were mocked as the archaic regalia of ignorant peasants.

Russian Catholics grieving, angered after Ukraine invasion, says official

Warsaw, Poland
Catholic News Service

Catholics in Russia have been left “grieving, angered and bewildered” by their country’s invasion of Ukraine, according to the Church’s spokesman, who also warned that citizens would face harsh economic consequences from the conflict.

Father Kirill Gorbunov, spokesman for the Russian bishops’ conference, said many Catholics are angry “and don’t know where to direct this anger — some are turning it on God, on the church, on the Russian government and on the world.”

“While some Catholics are reacting as if none of this affects them, some discussion groups formed as part of the Church’s synodal process have now come together for mutual support in the current state of grief, anger and bewilderment,” said Fr. Gorbunov, who is also vicar general of the Moscow-based Mother of God

and tampering with free and fair elections.

Putin must be stopped in his tracks, forced out of Ukraine, required to pay compensation for the carnage he has inflicted, and tried for the war criminal he is.

If the Ukrainian people are willing to die for their freedom, surely citizens of Western countries can make some sacrifices, such as paying more at the gas pump, to stop Putin’s war crimes.

In our own country, it is time to put aside petty partisan sniping, the blaming of others for Putin’s Hitlerian adventures.

There is plenty of blame to go around, but now is the time to unite and support Ukraine.

President Zelenskyy has given us all an example. This is a defining moment for Western democracies.

Ukraine’s blue and yellow flag is flying in capitals across the globe, and people are singing the country’s national anthem.

Putin may yet murder Zelenskyy and reduce Kyiv to rubble, but the Ukrainian people will never truly surrender.

How will we respond?

Mr. Hoey, a member of Immaculate Conception Parish in Jefferson City, is a lifelong examiner of history and public policy.

Archdiocese.

“It’s obvious this situation will have very, very severe consequences for the well-being of citizens here,” he said. “Our most important task as priests is to remind people of the Church’s teaching on war and peace. But we must also be very attentive to the most vulnerable — the elderly, sick and poor — and act as counselors, helping people react in a meaningful, prayerful way which leads to integrity rather than madness.”

Detachments from Russia’s invasion force, amassed in border regions since last fall, attacked Ukraine in the early hours of Feb. 24, triggering harsh resistance from Ukraine’s 200,000-strong armed forces and a huge refugee exodus, as well as sharp fall in Russian currency, the ruble. On March 1, Russian troops continued to pound Kharkiv, Ukraine’s second-largest city, and a 40-mile column of Russian tanks and vehicles was reported to be within 20 miles of Kyiv.



Making a House call

Monsignor Robert A. Kurwicky, pastor of St. Michael Parish in Russellville, vicar general for the Jefferson City diocese and chaplain of the Missouri House of Representatives, returns to his chaplain duties in the House on Feb. 22, following recovery from emergency back surgery he underwent last fall.

In leading his first prayer of the current legislative session, he prayed:

“O Lord, our Heavenly Creator, by Whose mercy we have come to the conclusion of another day, grant that we may end it with humble and contrite hearts. Confirm our purpose to walk more sincerely in Your way and to work more surely in Your service. Let not the mistakes of the past master us but forgive and set us free. Lead us into a closer companionship with You that we may continue to walk in the ways of honesty, truth and good will. Give us the confidence that strengthens, the faith that gives courage and the integrity of mind that holds us steady amid the pressures of our times. Lay Your hand in blessing upon each one of us. Make us worthy of this day, adequate for our tasks and ready to lead our State into the paths of peace. And the House says, ‘Amen!’”

CAMP LOLEK

From page 3

and parishes to help them stay engaged in their faith at home and at church.”

The young people who attend Camp Lolek won't just make friends and have fun with people their own age, they'll also interact with high school mentors.

Those high school students

will have adult facilitators mentoring them throughout the camp.

“I could quote study after study about the importance of all of this,” said Mrs. Quinn, “but at the end of the day, this is how Jesus and His disciples did it, and we need to do it, too.”

“Carefree environment”

The Osage Branch Retreat Center has river access, a pool, bunk houses, separate housing for the adults, a chapel, plenty of indoor and outdoor space, and a commodious kitchen.

Mr. Powers noted that parents are children's most important spiritual role models. Parents who take the effort to sign their child up for Camp Lolek and get them to the campground demonstrate for them a sincere desire for their spiritual wellbeing.

While it is of foundational importance for parents to pray with their children and take them to Mass each Sunday, “presenting your child with opportunities like Camp Lolek gives them an opportunity

to experience their faith in a uniquely illuminating way,” he said.

“They can encounter Christ in their fellow campers, the teenage and young adult leaders, in the priests and other religious present, and in so many other ways,” he added.

Mr. Powers said junior high is a time when young people are growing into who they will be for the rest of their lives.

“The goal of Camp Lolek is to ensure that they grow into joyful, intentional disciples of Jesus Christ,” he said.

Ms. Molner said junior high students are eager for activities with their friends.


“What better way to help them grow in community than joining other kids from across the diocese at this camp?” she said. “Pairing faith with typical summer activities creates a healthy, encouraging and carefree environment for kids to enjoy being kids.”

Bus transportation will be available to and from the Columbia-Jefferson City area and the camp venue.

The \$150-per-child registration fee includes lodging, food and all of the camp's activities.

Visit diojeffcity.org/camp-lolek to register for the camp or apply to be part of the camp staff.

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ST. PATRICK

From page 10

between ancient Celtic architecture and the emerging mid-century simplicity of American church design.

Buff-colored stones slowly rose into the shape of an Irish monastery, complete with a tapered, circular bell tower, recessed arches, Celtic crosses, and panes of detailed stained glass, scattering emerald images across the 300-seat, marble-clad interior.

Thirty-seven stained glass windows depicting Gospel heroes and Irish saints were designed and made in Dublin, Ireland. They cost \$500 apiece, including shipping.

The rose window above the choir loft depicts symbols of Ireland's four provinces.

A stone mason in Hamilton, Illinois, made the altars from green and dark pink Italian marble, quarried from the top of a mountain.

The marble for the communion rail came from Spain.

A relic of St. Patrick was laid to rest in the altar, a piece

of Damhliag Mor in Armagh, St. Patrick's episcopal headquarters, was embedded in the floor before the sparkling new altar.

Msgr. O'Duignan celebrated the first Mass in the shrine in the autumn of 1956.

Bishop Joseph M. Marling C.P.P.S., founding bishop of Jefferson City, dedicated the shrine on March 17, 1957.

Joining him at the altar was Bishop Charles LeBlond, who had recently retired as bishop of St. Joseph.

Newspapers reported that 10,000 people attended the dedication, spilling out the door into the churchyard.

A pilot flew a plane called the Spirit of Ireland over the shrine and dropped thousands of shamrocks.

Bishop Marling echoed Msgr. O'Duignan's conviction that the shrine would be a tool through which Christ would draw parishioners and visitors closer to Himself, through the sacraments and contempla-



A statue of St. Patrick and a stained glass image patterned after artwork in the *Book of Kells*, adorn a side chapel in the Shrine of St. Patrick in St. Patrick, Missouri.

— Photo by Jay Nies

the future. He and Bishop Marling — himself of Irish descent — made several trips to Ireland, speaking to young men about the desperate need for priests in central and northeastern Missouri, and to young women about the need for religious sisters.

Many heard the call and answered it.

“We, presently living in the diocese owe a great deal of thanks to our first bishop, the late Joseph M. Marling, and to Monsignor Francis O’Duignan,” the late Bishop Michael F. McAuliffe, the diocese’s second bishop, wrote in 1989.

Historical information in this article came from “History of St. Patrick, Mo., 1833-1989,” by Ellen Krueger, the St. Patrick, Missouri Facebook page, and past articles in The Catholic Missourian.

saintpatrickshrine.com

tion of the lives of His holy servants.

only a few months after the shrine was completed.

Out on mission

Obedient to his bishop, the longtime pastor reluctantly accepted a new parish assignment in the summer of 1957,

He later served as pastor of what would become Cathedral of St. Joseph Parish in Jefferson City.

He also worked to build up the Church and plan for

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Abby Johnson has always been determined to help women in need. That desire led Abby to a career with Planned Parenthood as well as caused her to flee the organization and become an outspoken advocate for the Pro-Life Movement. She went on to write the national best-selling book and movie adaptation, “Unplanned,” about her experiences. Abby is a frequently requested guest on Fox News and a variety of other shows. Today, she continues to advocate for the preborn.

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GRANDMOTHER

From page 1

attended St. Theresa Church as a child.

From age to age

Fr. Knott said he recently became aware that Matilda's earthy remains are buried in the old St. Theresa Cemetery in Rhodelia. He is leading a project to convert the old St. Theresa School building into a community center.

He said he plans to use one of the center's hallways as a museum where historic photographs and documents from the parish community will be displayed.

In searching for old photos and researching the history of the more than 200-year-old parish, Fr. Knott said, "All of a sudden it became clear to me that part of our history" is rooted in slavery.

"I was shocked by it," he said. "I didn't know there were slaves in the parish."

His research shows there were about 50 families at St. Theresa who collectively enslaved about 200 people.

Fr. Knott is studying St. Theresa's baptismal records to find the names of enslaved people baptized at the parish.

"We need to say their names — Matilda, Maria, Augustus, Sicilia," he said. "We didn't even know their names and it's right there in the baptismal records and in the cemetery."

His research eventually turned up the baptismal records of Matilda's children — Charles, Anne, Sicilia, Sicilia Ellen and Martha Jane.

Martha Jane is the mother of Fr. Tolton.

"The more I studied, I realized this family was related to Fr. Tolton," said Fr. Knott.

Their names and the names of the other enslaved people will be displayed on the history



Janice Mulligan lays a wreath of magnolia leaves on the grave of Matilda (Hurd) Chisley as Father Ronald Knott, left, and Father George Illikkal look on. At right is an undated photo of Venerable Father Augustus Tolton.



— Photo by Ruby Thomas, *The Record*

wall in the Family Life Center because they were parishioners at St. Theresa, too, he said.

"As people walk down the hall seeing the names of the priests and the (religious) sisters, they'll see the names of the slaves who made some families here successful," he said.

"As far as little parishes in the country, St. Theresa was more advanced and well-to-do," he noted, and it was because of slave labor.

Fr. Knott said the parish is still benefiting from the labor of enslaved people who, he believes, quarried the rocks used for the foundation and made the bricks from which the current St. Theresa Church was built.

The church was dedicated in 1861 by Bishop Martin John Spalding.

Called by name

Fr. Knott noted he's not

interested in "shaming" anyone. Instead, he wants to celebrate the contribution of enslaved people to his boyhood parish, learn and pass

"Having her (Matilda's) name recognized, especially in the context of her grandson becoming one of the first African American saints



Tim Tomes, archivist for the Archdiocese of Louisville, cleans Matilda's headstone with water Jan. 27 as Janice Mulligan looked on.

— Photo by Ruby Thomas, *The Record*

on the parish's whole history — "not only white history" or a "sanitized version" of that history — to the younger generation.

If they will stand against "prejudice and bigotry," they need to be aware of the parish's history with slavery, said Fr. Knott.

Ms. Mulligan agrees that the contributions of enslaved people to the parishes in the Louisville archdiocese should be recognized.

in the U.S. ...there's a legacy and story there, rich and worth telling," she said. "The work of this office is to promote and spread that African American legacy, whether in the 1800s or now.

"Her story and others like it adds a fuller thread and a fuller context to the presence and contributions of African Americans to this American church," she said. "It certainly can be better promoted and appreciated."

What God has joined

Part of Matilda's story takes place on the farm in Rhodelia owned by John Henry Manning and his wife Ann Gough, who were members of St. Theresa Parish.

Matilda was married to Augustus Chisley, another enslaved person on the Manning farm, said Dr. Emilie Leumas, an archivist who serves on the historical commission for Fr. Tolton's sainthood cause.

Augustus and Matilda had six children.

In 1835, when Mr. Manning died, he bequeathed all his belongings — about 1,200 acres of land, personal items such as silver, his watch, his Bible and his 17 enslaved people — to his children and grandchildren whose parents had died, said Dr. Leumas.

Details from Manning's will show that Matilda and Augustus and their children were separated. Their oldest children, Martha Jane, 11, and Charles, 6, were left to Mr. Manning's granddaughter Anne Sevilla Manning.

Dr. Leumas noted that by the time the will was read, Anne Sevilla Manning and her family had moved to Ralls County, Missouri.


At some point following the reading of the will, Charles and Martha Jane — the mother of Fr. Tolton — were moved to Missouri to live with their new owner.

"How gut-wrenching that your two oldest children are being hauled away to Missouri!" said Dr. Leumas during a recent interview.

When Anne Sevilla Manning married Stephen Elliott in 1839, she would have brought Charles and Martha Jane into her marriage as part of her dowry, Dr. Leumas said.

More than a decade later, Martha Jane, now the mother of three young children, including young Augustus, 7 years old at the time, escaped slavery and fled to Quincy, Illinois, where the future Fr. Tolton grew up and was formed in the Catholic faith.

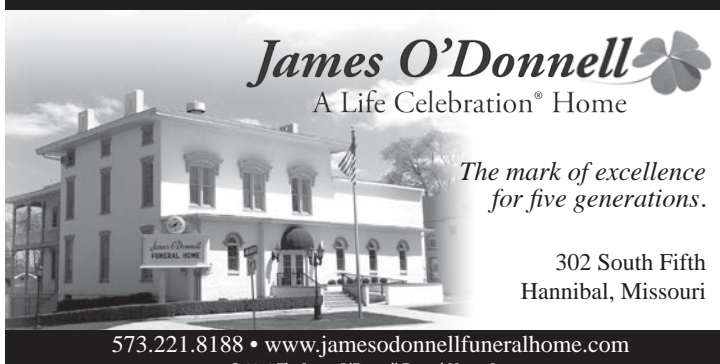
See KENTUCKY, page 23

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UKRAINE

From page 1

Lord God of peace, hear our prayer!

We have tried so many times and over so many years to resolve our conflicts by our own powers and by the force of our arms.

But our efforts have been in vain.

Grant peace in Ukraine; guide our steps and give us the courage to say: "Never again war!"

Instill in our hearts the courage to take concrete steps to achieve peace.

Bless the leaders with wisdom, vision and perseverance to build together a world of justice and solidarity, and to break down walls of hostility and division.

To You we entrust all families and pray that they may never yield to discouragement and despair, but become heralds of new hope to one another in this challenging time.

May You continue to inspire all of us to oneness of heart and mind, to work generously for the common good, to respect the dignity of every person and the fundamental rights which have their origin in the image and likeness of God impressed upon every human being.

Grant eternal rest to the dead and quick recovery to the wounded.

Through Christ our Lord, Amen!

Other ways to help

Various Catholic agencies are collecting donations to aid with the humanitarian crisis in Ukraine, as people flee to escape Russian bombing and shelling.

The international Caritas confederation is collecting funds to help Caritas Ukraine. In the United States, that is through Catholic Relief Services: support.crs.org/donate/donate-ukraine.

The Ukrainian Catholic Archeparchy of Philadelphia also has a link: ukrarcheparchy.us/donate.

Two pontifical agencies also are taking donations for Ukraine: Catholic Near East Welfare Association, cnewa.org/campaigns/ukrainel, and Aid to the Church in Need, churchinneed.org/.

The Knights of Columbus launched the Ukraine Solidarity Fund, and donations can

be made at kofc.org/secure/en/donate/ukraine.html. On Feb. 25, the Knights of Columbus announced a commitment of \$1 million for immediate distribution to support Ukrainian refugees and will match all funds raised up to an additional \$500,000. The relief funding will be used to provide shelter, food, medical supplies, clothing and religious goods, as well as other humanitarian needs as identified, both directly in Ukraine and through refugee sites in Poland.

Donations can also be made to Jesuit Refugee Service tjrsusa.org to support the agency's work in Europe "to accompany, serve, and advocate for those forced to flee from war and conflict."

"Stop the war!"

As Russian troops pressed toward the Ukrainian capital, Kyiv, Pope Francis left the Vatican Feb. 25 to pay a visit to the Russian ambassador to the Holy See.

The pope went to the embassy, located at the end of the main road leading to the Vatican, "to express his concern for the war," said Matteo Bruni, director of the Vatican press office.

This was a diplomatically unusual gesture. Usually, a head of state would have an ambassador come to him.

The pope spent about half an hour at the embassy.

Although the embassy told Catholic News Service it had no statement, Ambassador Aleksandr Avdeyev told Russian media: "The focus of the conversation was the humanitarian situation in Ukraine."

Pope Francis expressed great concern for the situation of the entire population, both in the Donbas (in Eastern Ukraine) and in other areas, and called for the protection of children, the protection of the sick and suffering, the protection of people."

According to the pope, "this is the main Christian goal," Avdeev told the government-owned RIA Novosti news agency.

"Donbas" refers to Ukraine's regions of Donetsk and Luhansk, where Russian-backed separatists have been waging war against Ukrainian troops

Prayer for Peace in Ukraine

Lord God of peace, hear our prayer!

We have tried so many times and over so many years to resolve our conflicts by our own powers and by the force of our arms.

But our efforts have been in vain.

Grant peace in Ukraine; guide our steps and give us the courage to say: "Never again war!"

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To You we entrust all families and pray that they may never yield to discouragement and despair, but become heralds of new hope to one another in this challenging time.

May You continue to inspire all of us to oneness of heart and mind, to work generously for the common good, to respect the dignity of every person and the fundamental rights which have their origin in the image and likeness of God impressed upon every human being.

Grant eternal rest to the dead and quick recovery to the wounded.

Through Christ our Lord, Amen!

since 2014, killing and maiming thousands and forcing more than 1.5 million people to flee.

Russian President Vladimir Putin recognized the independence of the two regions Feb. 21, setting up what many in the West saw as a pretext to invade Ukraine to defend those regions.

In the early hours of Feb. 24, the Russian assault on Ukraine began.

In a statement after the pope's embassy visit, the Ukrainian Catholic Church said Archbishop Sviatoslav Shevchuk of Kyiv-Halych "hopes the meeting represents a further push for dialogue to prevail over force. The Ukrainian people, who are defending themselves courageously, cry to the world, 'Stop the war!'"

After the fighting began, Cardinal Pietro Parolin, Vatican secretary of state, released a video message insisting it was not too late to stop the fighting and it was not too late for diplomacy "to safeguard the legitimate aspirations of everyone and spare the world from the folly and horrors of war."

Pope Francis stated shortly before the invasion: "My heart aches greatly at the worsening situation in Ukraine. Despite the diplomatic efforts of the last few weeks, increasingly alarming scenarios are opening up."

Promise of assistance

Later that day, Pope Francis phoned the head of the Ukrainian Catholic Church, offering his encouragement and prom-

ising, "I will do everything I can" to help.

The pope called Archbishop Sviatoslav Shevchuk of Kyiv-Halych, major archbishop of the Eastern-rite Church, late in the afternoon Feb. 25, according to the Ukrainian Catholic Church's press office in Rome.

Archbishop Shevchuk's office said that, during the phone call, Pope Francis asked him about the situation in Kyiv and throughout Ukraine on the second full day of

the Russian attack.

According to multiple news reports, Russian troops were advancing on the capital, Kyiv, where the archbishop has remained.

Pope Francis asked about the bishops and priests in the areas of heaviest fighting, the Ukrainian Catholic press office said. And he thanked the Church for its closeness to the people.

See PEACE, page 23

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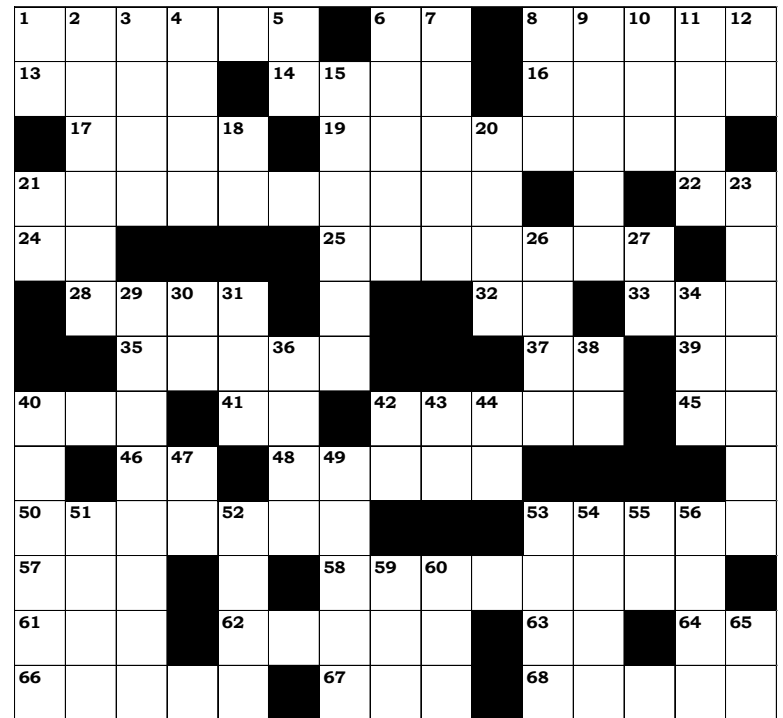
1. The formal surrender of the Japanese ____ took place on the deck of the USS Missouri, on Sept, 1945, the final act of WWII.
6. Letters for Public School.
8. Town famous for witchcraft trials; also the county seat of Dent County.
13. "Say to daughter ____, Behold, your king comes to you..." (Matthew 21:5).
14. She loves to sing in her high school ____ club.
16. The type of tree in the garden of Gethsemane.
17. Al ____; VP under Pres. Bill Clinton.
19. The MC at the Oscars said, "And the ____, please."
21. On Jan. 29, 1944, Margaret Truman, daughter of then Senator Harry Truman, ____ the USS Mo. at its launching with her proud father looking on.
22. Letters at a train crossing, perhaps.
24. 5th book of the Bible (abbr.).
25. ____ Hotels Company own 9,000 hotels across 22 brands, including La Quinta, Baymont, Days Inn, Super 8, Howard Johnson, Margaritaville,

- etc.
28. 11 months before Pearl Harbor, work began on the USS Mo. at the Brooklyn Navy ____.
32. Two of these describe a stringed toy.
33. Eve's origin?
35. "...with a cargo of gold, silver, ____..." (1 Kings 10:22).
37. Third musical note.
39. Abbr. for pound.
40. "Give every man thine ____, but few thy voice..." —"Hamlet"; Shakespeare.
41. In the military, abbr. for Commanding Officer.
42. French ____ for places in our diocese include the towns of La Grange, Paris, Versailles, Vichy, and Gasconade County and River.
45. "____, the day of the Lord comes..." (Isaiah 13:9).
46. A radio band often used by truckers.
48. Baby oak.
50. Off Okinawa, the USS Mo. was attacked by a kamikaze; its ____ and the plane itself barely missed but its guns lifted the massive superstructure "from the water like a toy." Over 5,000 fleet sailors died from these suicide planes. —"The Surrender on the USS Mo."; PBS documentary.
53. A book of maps.
57. A type of beer with a higher alcohol and hop content.
58. The USS Mo. battleship hosts over 600,000 ____ a year at its berth in Pearl Harbor.
61. Short for a rules official in the NFL.
62. Empty spaces.

63. "For every grace I made good use ____, He gave me many more," —St. Thérèse of Lisieux.
64. Seventh musical note.
66. 200 yards from the sunken USS Arizona in Pearl harbor, floats the USS Mo., a fitting symbol of the beginning of the US's ____ into WWII and the formal end of the war in Tokyo Bay.
67. It's every man's ambition to be a ____; —"The Godfather" movie.
68. In 1989, the US Navy wanted to showcase the USS Mo. to celebrate the 75th anniv. of the end of WWII. They arranged for rocker Cher to do a concert on board. Her resulting racy ____ video with hundreds of cheering sailors caused the Navy to ban future filming on active ships.

DOWN

1. Abbr. for the prophet called "the father of Judaism"; —33rd book of the Bible.
2. The USS Missouri, dubbed the "____ Mo.," was the last Am. battleship ever built (Jan. 1944), and the last to be decommissioned (Feb., 1955).
3. "If you have above your need, it belongs to the ____," —Pope Emeritus Benedict XVI.
4. Letters on a crucifix, often.
5. Abbr. for "exempli gratia," meaning "for example."
6. My uncle was such a ____ pincher that people called him Scrooge.
7. When the massive USS Mo. passed under the Manhattan bridges on NYC's East River, cars, trucks and subways stopped as the battleship, at low tide, snuck under the bridges with only ____ ft. to spare.
8. The sun.
9. Hello and good-bye in Hawaii.
10. "Everybody knew ya didn't give no ____ to big John..." —line from "Big Bad John" by Jimmy Dean, 1961.
11. Forever and ____. Amen.
12. Moi in America.
15. The huge USS Mo. barely squeezed through the Panama Canal with only a 12" ____ on each side. A sailor



- said "cement was flying"; —"The Surrender on the USS Mo."; PBS documentary.
18. Prefix for cape or cargo.
20. Circular water current.
21. Savings plan.
23. The USS Mo. was headlined as "The Biggest and Baddest Navy Battleship Ever." It was awarded in WWII, 3 battle stars; in the Korean War, 5 battle stars; in the Gulf Wars, 2 Combat Action ____ and many commendations and medals.
26. Because the USS Mo. was the flagship of the fleet with sufficient room for the surrender ceremony and perhaps also because it was happily named after the ____ State of the US President, Pres. Harry Truman chose it for the surrender ceremony.
27. Abbr. before a male's name.
29. In the Pacific, the USS Mo. under Adm. Bull Halsey was the flagship of the 3rd Fleet: 5 ____ carriers, 400 navy planes, destroyers, cruisers, frigates, supply ships, and 30 submarines.
30. Motorhome.
31. Gunfighter Holliday.
34. It was an ____ wind that blew no good.
36. "The ____ Not Taken"; one of Robert Frost's most famous poems, 1915.
38. "What good ____ happiness? It can't buy money," —comedian Henny Youngman.
40. "...a noise like a strong driving wind, and it filled the ____ house..." (Acts 2:2).
42. The Mo Dept. of Conservation consists of 4 commissioners; ____ more than two from the same political party. The Governor appoints them for six yr. unpaid terms.
43. The Natural State (abbr.).
44. The Land of 10,000 Lakes State (abbr.).
47. Letters for British Petroleum oil company.
49. ____ 19 and its variants have greatly impacted American life.
51. I can't say I agree but I'll keep an ____ mind.
52. "Why should man hate other men, out of ____ or spite or because they are not of his race or color? That question was asked eons ago; it grows stale and dull with the asking," —*Dear and Glorious Physician*; Taylor Caldwell.
53. Pres. Harry Truman authorized the use of the ____ bomb on Japan to end the war.
54. Bean curd from soy; good for an anti-inflammatory diet.
55. A ____ (left-to-right) parser for computers; reads a text from left to right without backing up.
56. ____ Spumante; a sweet Italian wine.
59. Wedding words?
60. Letters for Social Security Number.
65. Short for parishes in Brookfield, Jeff. City, and Montgomery City.

How much will you need to retire? Let's talk.



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EXECUTE

From page 5

to provide justice to all. It is a deeply flawed process rife with human error and inconsistency.

“We continue to pray for everyone who has been touched by the tragic loss of Mariah’s life, especially for the suffering Melissa and her family have endured. We beseech the State of Texas to commute her death sentence and conduct a meaningful review of her case to enable this family to continue the

hard work of restorative justice and healing.”

More information, including statements from Bishop

Daniel Flores of Brownsville and Bishop Joe Vasquez of

Austin, can be found at: txcatholic.org

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Paul Oligschlaeger
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Kevin Schubert
573-480-1703



Chris Bohr
573-721-4613



Dale Logan
573-644-3124



Doug Lueticke
660-542-6500

Need more info about an event or want to see more events?
Visit the diocesan EVENT CALENDAR at diojeffcity.org/events.
Want your event listed?
Fill out the ONLINE FORM at diojeffcity.org/event-listing.

FUNDRAISERS/SOCIAL EVENTS

Mar. 4

Fulton, K of C fish fry, 4-7 pm; **Hannibal**, K of C fish fry 4:30-7 pm; **Hermitage**, K of C drive-thru fish fry, 4-6 pm, St. Bernadette Parish Hall; **Holts Summit**, K of C fish fry, 3:30-7 pm, St. Andrew Parish's Veit Hall; **Jefferson City**, Fr. Helias K of C Council #1054 drive-thru fish fry, 4:30-7 pm; **Kirkville**, K of C fish fry, 5:30-7 pm, Mary Immaculate School cafeteria; **Lake Ozark**, K of C fish fry, 4-7 pm, Bestgen Hall; **Laurie**, K of C drive-thru fish fry, 4:30-6:30 pm, St. Patrick Church lower level; **Linn**, K of C fish fry, 4-7 pm; **Macon**, K of C drive-thru fish fry, 4:30-7 pm; **Marceline**, "Arlene's Beauty World," Fr. McCartan Memorial School theater production/snack night, 6-10 pm, for info/tickets contact parish office or call/text 660-734-3393; **Morrison**, Assumption Parish fish fry, 4:30-7:30 pm; **Montgomery City**, K of C & Immaculate Conception Home & School fish fry, lunch dine-in/carry-out 4:30-6:30 pm; **Osage Bend**, St. Margaret of Antioch Parish men's group fish fry, 5-8 pm; **Rolla**, K of C fish fry 5-7 pm, St. Patrick Parish Hall; **Russellville**, K of C fish fry, 4:30-7 pm, St. Michael Parish Hall; **St. James**, K of C fish or shrimp fry, 4-7 pm, Immaculate Conception Parish Hall; **St. Robert**, K of C fish fry, 4:30-7 pm, St. Robert Bellarmine Fellowship Hall; **Shelbina**, K of C fish or shrimp fry, dine-in or drive-thru, 5:30-6:45 pm, Fr. Buhman Center; **Taos**, K of C fish fry, 4:30-7:30 pm; **Warsaw**, K of C fish fry, 4-7 pm

Mar. 5

Marceline, "Arlene's Beauty World," Fr. McCartan Memorial School dinner theater, 6-10 pm, for info/tickets contact parish office or call/text 660-734-3393

Mar. 6

Jefferson City, Immaculate Conception Parish Holy Name Society pancake & sausage breakfast, 7:30 am-noon, Kertz Hall; **Marceline**, "Arlene's Beauty World," Fr. McCartan Memorial School matinee theater production, 1 pm, for info/tickets contact parish office or call/text 660-734-3393; **Salisbury**, St. Joseph Parish pro-life dinner, 11 am-1 pm, K of C Hall; **Vienna**, K of C breakfast, 7:30-11 am

Mar. 11

Argyle, K of C fish fry, 5-7 pm; **California**, K of C & Annunciation Parish Ladies Sodality curbside fish fry, 4-6:30 pm; **Columbia**, Sacred Heart Parish K of C carry-out fish fry, 4:30-7 pm, Fr. Tolton Regional Catholic High School; **Fayette**, K of C carry-out fish fry, 4:30-7 pm, St. Joseph Parish Hall; **Hannibal**, K of C fish fry 4:30-7 pm; **Hermitage**, K of C drive-thru fish fry, 4-6 pm, St. Bernadette Parish Hall; **Holts Summit**, K of C fish fry, 3:30-7 pm, St. Andrew Parish's Veit Hall; **Jefferson City**, Fr. Helias K of C Council #1054 drive-thru fish fry, 4:30-7 pm; **Kirkville**, K of C fish fry, 5:30-7 pm, Mary Immaculate School cafeteria; **Lake Ozark**, K of C fish fry, 4-7 pm, Bestgen Hall; **Laurie**, K of C drive-thru fish fry, 4:30-6:30 pm, St. Patrick Church lower level; **Montgomery City**, K of C & Immaculate Conception Home & School fish fry, lunch dine-in/carry-out 11am-1 pm, dinner drive-thru/dine-in/carry-out 4:30-6:30 pm; **Rich Fountain**, Sacred Heart Parish drive-thru fish fry, 4:30-7:30 pm; **Rolla**, K of C fish fry 5-7 pm, St. Patrick Parish Hall; **St. James**, K of C fish or shrimp fry, 4-7 pm, Immaculate Conception Parish Hall; **St. Martins**, St. Martin Home & School fish fry, 4:30-7:30 pm, school gym; **St. Robert**, K of C fish fry, 4:30-7 pm, St. Robert Bellarmine Fellowship Hall; **Sedalia**, K of C fish fry, 4-7 pm; **Shelbina**, K of C fish or shrimp fry, dine-in or drive-thru, 5:30-6:45 pm, Fr. Buhman Center; **Taos**, K of C fish fry, 4:30-7:30 pm; **Warsaw**, K of C fish fry, 4-7 pm

Mar. 11-13

Jefferson City, Helias Catholic High School spring musical "Anastasia," Fri./Sat. 7-9:30 pm, Sun. matinee 2-4:30 pm, Miller Performing Arts Center, for tickets call 573-635-6139

Mar. 12

Hannibal, Holy Family School dinner auction, 5-9 pm

Mar. 13

Belle, St. Alexander Parish breakfast, 7-11 am; **Marceline**, St. Bonaventure Parish St. Patrick's Day Festival, 11:30 am-1 pm, Fr. McCartan Memorial School; **St. Patrick**, Shrine of St. Patrick Parish 65th Anniversary celebration, featuring Mass, dinner, and other events, 8 am-2 pm; **St. Thomas**, St. Thomas the Apostle Parish breakfast, 8-11:30 am, Parish Center

Mar. 17

Rolla, St. Patrick School's St. Patrick Day dinner fundraiser, 4-10 pm, Public House Brewing Company

Mar. 18

Columbia, K of C Newman Center Council #7231 drive-thru fish fry, 4:30-7:30 pm, St. Thomas More Newman Center parking lot; **Fulton**, K of C fish fry, 4-7 pm; **Hannibal**, K of C fish fry 4:30-7 pm; **Hermitage**, K of C drive-thru fish fry, 4-6 pm, St. Bernadette Parish Hall; **Holts Summit**, K of C fish fry, 3:30-7 pm, St. Andrew Parish's Veit Hall; **Jefferson City**, Fr. Helias K of C Council #1054 drive-thru fish fry, 4:30-7 pm; **Kirkville**, K of C fish fry, 5:30-7 pm, Mary Immaculate School cafeteria; **Lake Ozark**, K of C fish fry, 4-7 pm, Bestgen Hall; **Laurie**, K of C drive-thru fish fry, 4:30-6:30 pm, St. Patrick Church lower level; **Montgomery City**, K of C & Immaculate Conception Home & School fish fry, lunch dine-in/carry-out 11am-1 pm, dinner drive-thru/dine-in/carry-out 4:30-6:30 pm; **Rolla**, K of C fish fry 5-7 pm, St. Patrick Parish Hall; **Russellville**, K of C fish fry, 4:30-7 pm, St. Michael Parish Hall; **St. James**, K of C fish or shrimp fry, 4-7 pm, Immaculate Conception Parish Hall; **St. Robert**, K of C fish fry, 4:30-7 pm, St. Robert Bellarmine Fellowship Hall; **Shelbina**, K of C fish or shrimp fry, dine-in or drive-thru, 5:30-6:45 pm, Fr. Buhman Center; **Wardsville**, Wardsville/Osage Bend K of C drive-thru fish fry, 4:30-7:30 pm, St. Stanislaus Parish gym; **Warsaw**, K of C fish fry, 4-7 pm

Mar. 20

Fayette, St. Joseph Parish pancake & sausage breakfast, 8 am-noon; **Westphalia**, St. Joseph Parish drive-thru chicken dinner, 11 am-6 pm

MEETINGS/WORKSHOPS

Mar. 7

VIRTUAL, Couple to Couple League natural family planning intro session, 8-9 pm, to RSVP email MidMoNFP@gmail.com

Mar. 15

VIRTUAL, Marriage Prep Facilitators' evening refresher, 5:30-6:30 pm, to RSVP email faithformation@diojeffcity.org

Mar. 19

VIRTUAL, Couple to Couple League natural family planning

intro session, 8-9 am, to RSVP email MidMoNFP@gmail.com

Mar. 22

Jefferson City, 30th Annual Pro-Life Event, with keynote speaker Abby Johnson, luncheon event noon-1:30, dinner event 6:30-9pm, Capitol Plaza Hotel, for info or to register visit vitae.foundation.org/events

Mar. 25

Columbia, "God in the Barren Spaces: Ministering with Music to the Whole Community," sponsored by the diocesan chapter of the National Association of Pastoral Musicians, 6:30-8:30 pm, Our Lady of Lourdes Church, to register email jeffersoncitymo@npm.org

Mar. 26

Columbia, Guitar & vocal coaching with Jaime Cortez & Lynné Gray, sponsored by the diocesan chapter of the National Association of Pastoral Musicians, 9 am-noon, Our Lady of Lourdes Church, to register email jeffersoncitymo@npm.org

EVENTOS DEL MINISTERIO HISPANO

5-6 marzo

Columbia, Retiro de Crecimiento, Iglesia Católica del Sagrado Corazón, para más información visite diojeffcity.org/renovacion-carismatica

15 marzo

VIRTUAL, Sesión de Capacitación para Facilitadores de Preparación Matrimonial, 12:15-1:15 pm, envíe un correo electrónico a faithformation@diojeffcity.org antes del lunes anterior si planea asistir

19-20 marzo

Marshall, Retiro de Inicio, San Pedro, para más información visite diojeffcity.org/renovacion-carismatica

FAITH FORMATION & SPIRITUAL RENEWAL

Mar. 4-6

Moberly, Engaged Encounter weekend, St. Pius X Parish, for info or to register visit diojeffcity.org/marriage-preparation/engaged-encounter

Mar. 5

Columbia, United in Prayer Day with Fr. Matthew Flatley, sponsored by the Contemplative Outreach of Central Mo., 9 am-12:30 pm, Broadway Christian Church

Mar. 8, 15 & 22

Jefferson City, "Cookies, Coffee & Catholicism," featuring Bishop Robert Barron's "Ca-

tholicism" series, 6:30 pm, Immaculate Conception Parish's Pleus Hall

Mar. 12

Columbia, Pre-Cana Program for engaged couples, 8:45 am-4:30 pm, St. Thomas More Newman Center Parish, for info or to register, visit diojeffcity.org/marriage-preparation/pre-cana-registration

Mar. 13-15

Columbia, Sacred Heart Parish Mission, with Fr. Tom Donaldson, 7-9 pm each evening

Mar. 19

Alton, IL, "Finding Freedom from Discouragement: Practical Guidelines from St. Ignatius of Loyola," with Fr. Timothy Gallagher, OMV, 9 am-3:30 pm with virtual option, St. Mary Church, for info or to register visit stmarysalton.com

YOUTH

Jun. 20-24 or Jul. 17-22

Camdenton, Camp Macca-bee (session 1) summer adventure camp for high school-aged young men, for info or to register, visit diojeffcity.org/youth-ministry/camp-macca-bee

Jun. 26-Jul. 1

Conway, Camp Siena summer camp experience for high school-aged young women, for info or to register, visit diojeffcity.org/youth-ministry/camp-siena

Jul. 10-13

Conway, Camp Lolek (session 1) summer camp for junior high boys, for info or to register, visit diojeffcity.org/youth-ministry/camp-lolek

Jul. 13-16

Conway, Camp Lolek (session 2) summer camp for junior high girls, for info or to register, visit diojeffcity.org/youth-ministry/camp-lolek

HEALTH/WELLNESS

Mar. 6

Jefferson City, Immaculate Conception Parish Spring Health Fair with health info & screenings, and COVID vaccination clinic provided by JCMG, 8 am-noon, Immaculate Conception Parish's Kennedy Hall

Mar. 24

Jefferson City, Adult/child/infant Heartsaver CPR class, 5:30-9 pm, Immaculate Conception Parish's Pleus Hall, for info or to register visit icangels.com/upcoming-events

Anniversaries

Argyle, St. Aloysius
James & Carol Falter, 29 years

Boonville, Ss. Peter & Paul
Oscar & Arlene Friedrich, 68 years
Randy & Nancy Smith, 48 years
Chris & Celeste Bowman, 44 years
Dave & Debbie Richerson, 43 years
James & Mary Wooldridge, 40 years
Randy & Lauralyn Fry, 37 years
Jeffery & Alicia Cotton, 29 years

Brookfield, Immaculate Conception
Fred & Michelle Lewis, 23 years

Jefferson City, St. Peter
James & Wanda Woods, 50 years

Kirkville, Mary Immaculate
Donald & Shayla Reynolds, 43 years
Patrick & Susan Boren, 36 years

Martinsburg, St. Joseph
Bob & Nancy Mette, 46 years

Milan, St. Mary
Audel & Lilia Arellano, 40 years

Montgomery City, Immaculate Conception
Alan & Marie Rock, 35 years
Tim & Sandy Bethel, 27 years

Russellville, St. Michael
John & June Riegel, 60 years
Roger & Carol Zink, 52 years
Dan & Gail Cartee, 47 years

St. Martins, St. Martin
Bob & Gina Angerer, 37 years

Sedalia, St. Vincent de Paul
Marvin & Kathy Brownfield, 54 years
Leo & Karolyn Spears, 54 years
James & Rose Rybak, 53 years
Jim & Carol Schibi, 53 years
Michael & Margaret Hart, 51 years
Larry & Bonnie Diefendorf, 50 years
Faron & Gerri Crank, 30 years

Vienna, Visitation
Larry & Loretta Haller, 47 years

Marriages

Holts Summit, St. Andrew — **Taylor Ashcraft & Ethan Hagenhoff**

Martinsburg, St. Joseph — **Ruth Schafer Wilson & Robert Schuler**

Names for the People Page

Information for the People Page comes from parish correspondents and individual parishioners, as well as bulletins and newspapers.

Submissions for anniversaries (10 years or more), birthdays (90 years or more), and baptisms, deaths, marriages and initiations of local parishioners may be e-mailed to editor@diojeffcity.org or mailed to *The Catholic Missourian*, 2207 West Main Street, Jefferson City, MO 65109-0914.

Baptisms

Boonville, Ss. Peter & Paul — **Urja and Rudra Kueny**, children of Matt & Stacey Kueny

Cuba, Holy Cross — **Clint Easton, Gabriel Alex, Kaiden Juan and Katalina Elena Marquez**, children of Stacy Carroll & Regina Marquez

Fayette, St. Joseph — **Henry William Flaspohler**, son of Frank & Katie Flaspohler

Freeburg, St. Peter — **Mia Elizabeth Stuecken**, daughter of Clayton & Ashley Stecken

Fulton, St. Peter — **Zoe Elizabeth Leverett**, daughter of Brian & Laura Leverett

Holts Summit, St. Andrew — **Clara Rae Bradley**, daughter of Everett & Kasey Bradley; **Ella Grace Crismon**, daughter of Jacob & Lauren Crismon; **Mila Ann Graziano**, daughter of Shannon & Amber Graziano; **Amelia JoAnn Hasty**, daughter of Clay Hasty; **Jaxsten Thomas Joseph Kempker**, son of Autumn Kempker; **Oliver Patrick Bandera Sosa**, son of Jorge & Madeline Sosa; **Lovanna Cheryl Wright-Smith**, daughter of James Wright-Smith

Indian Creek, St. Stephen — **Cooper David Smith**, son of Sam & Talley Smith

Jefferson City, Cathedral of St. Joseph — **Violet Ann Livingston**, daughter of Chad & Edna Livingston

Jefferson City, Immaculate Conception — **Harper Monroe Stevens**, son of Kyle & Miranda Stevens

Jefferson City, St. Peter — **Penelope Irene Boessen, Olivia Rose Huber, August Dale James**

Palmyra, St. Joseph — **Johnathan Thomas and Amara Ann Grisham**, children of James & Cortney Grisham

St. Martins, St. Martin — **Etta Gerstner**, daughter of Brock & Baylee Gerstner

St. Thomas, St. Thomas the Apostle — **Noah Kathryn Otto**, daughter of Jason & Mason Otto

Taos, St. Francis Xavier — **Kora Sue Verslues**

Wardsville, St. Stanislaus — **Savannah Jo Massman**, daughter of Travis & Alicia Massman

Deaths

Edward L. Bode, 91 — former editor of *The Catholic Missourian* — on Feb. 17 in Jefferson City. The Mass of Christian Burial was celebrated on Feb. 22 in St. Peter Church in Jefferson City

Betty J. Butler, 88 — wife of the late Deacon James R. Butler, who previously assisted the pastor of Immaculate Conception parish in Jefferson City and served on the diocesan Matrimonial Tribunal — on Feb. 8 in St. Louis. The Mass of Christian Burial was celebrated on Feb. 22 in Immaculate Conception Chapel in Dardenne Prairie.

Brookfield, Immaculate Conception — **Steve Huffmon**

Columbia, Our Lady of Lourdes — **Evelyn Burris**

Columbia, St. Thomas More Newman Center — **Mary Harbour**

Cuba, Holy Cross — **Sarah Robinson, Jim Tennyson**

Frankenstein, Our Lady Help of Christians — **Annabelle H. Brandt**

Hannibal, Holy Family — **Evelyn Hirner, Pat Yount**

Jefferson City, Immaculate Conception — **Lillian F. Redel, Robert Wilson**

Jefferson City, St. Peter — **Ida Bluett, Rosemary Long, Lester Robinett**

Laurie, St. Patrick — **Paul J. Van Evercooren**

St. Martin, St. Martins — **Gregory A. Shields**

Sedalia, St. Vincent de Paul — **Donald Full, Mary Helen Staus**

Taos, St. Francis Xavier — **Henrietta M. Kleffner**

Westphalia, St. Joseph — **C. Roy Jones**

Birthdays

Slater, St. Joseph — **Marcella Young**, her 99th

Elections

Bishop W. Shawn McKnight, to the board of trustees of The Pontifical College Josephinum in Worthington, Ohio.

URENECK

From page 9

of activity, recreation or work should help us to better enter into that which is eternal. And by giving not from our surplus but from our poverty, we make room not to consume more goods but to receive the One who wants to occupy our hearts and homes.

What we choose to do for our Lenten disciplines should help us make incremental progress toward holiness. In other words, they should be things that we can do for 40 days, over and over.

But they should be just the first step in building habits that we want to continue well beyond Easter. That's the method for the ultimate victory, the race well run.

Elise Italiano Ureneck is a communications consultant and a columnist for Catholic News Service.

The Catholic Missourian publication schedule

March 4 & 18
April 1, 15 & 29
May 13 & 27
June 10 & 24
July 8 & 22
August 5 & 19
September 2, 16 & 30
October 14 & 28
November 11 & 25
December 9 & 16

Deadline for article submissions, photos and names for the "People Page," is 15 days prior to the issue date. Submissions can be sent to Jay Nies, Editor, at editor@diojeffcity.org.

Event advertising can be requested by completing the form at diojeffcity.org/event-listing. Deadline for requesting display ads is 10 business days prior to the issue date. For questions regarding advertising, contact Kelly Martin at advertize@diojeffcity.org.

Crossword puzzle answers

C	I	S	U	M	N	O	D	X	R	L	N	E
I	L	E	O	S	D	I	O	A	E	E	R	T
S	R	O	L	I	S	I	A	N	V	A	I	T
S	V	T	L	V	O	D	P	R	R	O	L	O
N	N	R	O	R	O	C	B	A	N	N	N	N
O	T	S	E	M	A	V	N	O	C	R	V	A
B	I	I	M	A	N	A	V	A	V	A	R	D
B	I	O	A	V	A	N	D	A	V	A	R	D
I	V	H	D	N	X	T	N	L	J	D	P	C
R	H	D	E	N	E	L	S	I	R	H	C	T
E	P	O	T	A	N	E	O	R	E	O	G	T
E	A	I	T	O	E	E	T	I	G	N	O	I
M	E	V	S	S	S	J	S	R	I	R	P	W

*Almighty and everlasting God,
You have given the human race
Jesus Christ our Savior as a model of humility.
He fulfilled Your will by becoming Man and giving His life on the Cross.
Help us to bear witness to You by following His example of suffering
And make us worthy to share in His Resurrection.
We ask this through our Lord Jesus Christ, Your Son. Amen.*

The power of two



Students at Holy Family School in Hannibal have fun celebrating “2s Day” on Feb. 22, 2022. — Photo from the Holy Family School - Hannibal Facebook page

Saying thanks in Mary’s Home



Students of Our Lady of the Snows School in Mary’s Home, as part of their extended Catholic School’s Week celebration in February, made cards and treat baskets for people who work at SSM St. Mary’s Hospital–Jefferson City and Capital Region Medical Center and also for the parish quilters. They also made birthday cake kits for local food banks, and made cards for a parishioner’s 99th birthday.

— Photos from the Our Lady of the Snows Catholic School Facebook page

‘Take up your cross and follow Me’



Eighth-graders in Mrs. Muenks class at Immaculate Conception School in Loose Creek created temporary Stations of the Cross to use in church during Lent this year. The priceless and irreplaceable stations are undergoing restoration as part of the nearly completed interior renovation of Immaculate Conception church.

— Photos from the Immaculate Conception School, Loose Creek Facebook page

Kings and queens of the hill



Younger students of Immaculate Conception School in Macon enjoy playing in and over the snow tunnel the older students made on a snow mound on their school playground on Feb. 8.

— Photo from the Immaculate Conception School Facebook page

James and John's mother asks Jesus a favor

By Jennifer Ficaglia
Catholic News Service

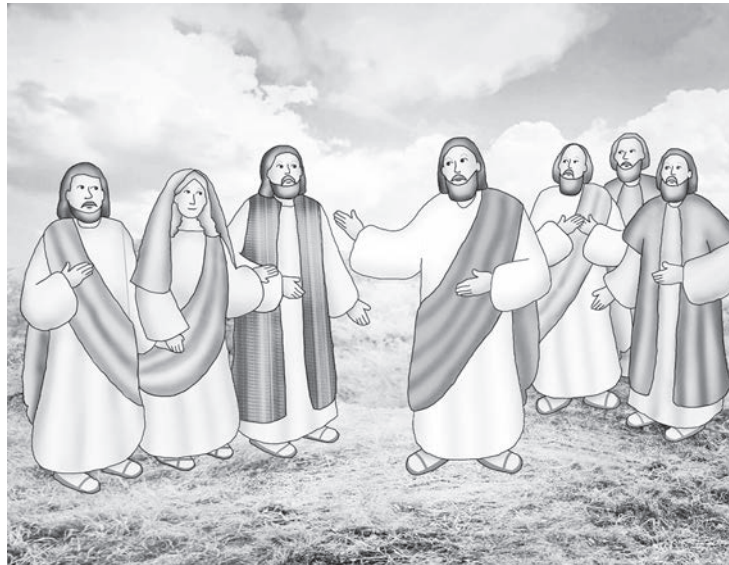
Jesus and the apostles were traveling around Galilee and Judea. Along the way, Jesus told parables and healed sick people.

He also took Peter, James and John up a mountain. He was transfigured before them; His face shone like the sun and His clothes became white as light.

Moses and Elijah also appeared and spoke with Jesus, Who told His friends not to tell what they saw until the Son of Man had been raised from the dead.

Jesus and the apostles then traveled to Jerusalem.

“Behold, we are going up to Jerusalem, and the Son of Man will be handed over to the



chief priests and the scribes, and they will condemn Him to death, and hand Him over to the Gentiles to be mocked and scourged and crucified, and He will be raised on the third day,”

Jesus told His friends.

A woman approached after He spoke. It was the mother of the apostles James and John, the sons of Zebedee.

James and John approached

Jesus with their mother, who did Jesus homage.

“What do you wish?” Jesus asked.

“Command that these two sons of mine sit, one at Your right and the other at Your left, in Your kingdom,” she said.

“You do not know what you are asking,” Jesus replied.

“Can you drink the chalice that I am going to drink?” He asked James and John.

“We can,” the brothers answered.

Jesus nodded.

“My chalice you will indeed drink, but to sit at My right and at My left, this is not Mine to give but is for those for whom it has been prepared by My Father,” he said.

When the rest of the apostles heard this, they became

angry at James and John.

Jesus summoned them.

“You know that the rulers of the Gentiles lord it over them, and the great ones make their authority over them felt,” He said.

“But it shall not be so among you,” He continued. “Rather, whoever wishes to be great among you shall be your servant; whoever wishes to be first among you shall be your slave. Just so, the Son of Man did not come to be served but to serve and to give His life as a ransom for many.”

Read more about it... Matthew 17 & 20

1. Who wanted to talk to Jesus?
2. Which apostles would drink the same chalice as Jesus?

Bible Accent

James and John were two of the first four men whom Jesus called to be His apostles.

In Matthew 4, we read that James, John and their father, Zebedee, were mending nets in their boat when Jesus walked by and asked the brothers to follow Him.

James and John were part of Jesus' inner circle of friends, and they oftentimes were with Jesus during important times in His life.

In Matthew 17, we read that Jesus took Peter, James and John up a high mountain, where they witnessed His

transfiguration.

In Matthew 26, we learn that after the Last Supper, Jesus and the apostles went to the Garden of Gethsemane. Jesus told most of the apostles to sit and wait for Him while He went to pray, but He wanted Peter, James and John to join Him.

In John 19, as Jesus was dying on the cross, He asked John to take care of Mary.

And in Mark 3, Jesus even gave the brothers a special name — *Boanerges*, which means “sons of thunder.”

After Jesus' death, King Herod began persecuting

Christians. In Acts 12, we read that Herod had James killed by the sword. James was the first apostle to be martyred.

John, however, escaped martyrdom and was eventually exiled to the island of Patmos. He reportedly lived to be a very old man and died in Ephesus.

Essay

Describe a time when you assured someone that you could do something that was very hard.

Saint Spotlight



St. Lucy Filippini was born in Italy in 1672 and was orphaned as a child. She found a spiritual father in the bishop of Montefiascone and Corneto, Italy. The bishop wanted to educate young people, especially young women. Lucy helped him form the Institute of the Maestre Pie and founded and maintained girls' schools around Italy. The institute became known as the Religious Teachers Filippini. Lucy died in 1732, and we remember her on March 25.

Puzzle

Using the hints provided, put a T next to the sentences about the apostles that are true and an F next to the ones that are false.



1. ___ The first two apostles called were Peter and Thomas. (Matthew 4:18)
2. ___ Peter asked Jesus how many times to forgive someone. (Matthew 18:21)
3. ___ Philip preached in Samaria. (Acts 8:5)
4. ___ Matthias was chosen to replace Judas. (Acts 1:26)



Answers: 1. F; 2. T; 3. T; 4. T.

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Author has uniquely Catholic view on common mental health challenges

St. Dymphna's Playbook: A Catholic Guide to Finding Mental and Emotional Well-Being, by Tommy Tighe. Ave Maria Press (Notre Dame, Indiana, 2021). 205 pp., \$17.95.

Reviewed by Nancy L. Roberts
Catholic News Service

Depression, anxiety, trauma and grief are challenging mental health challenges today. In the sea of practical advice given to deal with them, *St. Dymphna's Playbook* offers a uniquely Catholic perspective.

Tommy Tighe, a licensed marriage and family therapist, combines his extensive clinical experience with insights from Scripture and the saints to give readers practical tools to cope.

Based on Tighe's podcast of the same name, each chapter of the book gives an accessible explanation of a specific mental health concern. These include loneliness, irritability, hopelessness and relationships.

Tighe then clearly describes characteristic symptoms and engages Catholic spiritual

practice to offer suggestions to address each condition. Each chapter highlights a Catholic saint or holy person who faced the same issue, followed by a closing prayer.

"Am I anxious or just worried?" Thus begins the chapter on anxiety.

Here Tighe explains that "similar to every other mental health condition, we need to seek help if the symptoms we are experiencing make it hard for us to carry out our day-to-day activities or responsibilities, cause problems in our relationships or at work, or make other areas of our life difficult to engage in."

Take heed, he advises, "if you experience anxiety even when there's no specific threat or if your anxiety is out of proportion to the threat taking place."

Frequent scriptural mention of anxiety suggests that Christ and the early Church understood how much it affects us. And, Tighe adds, "how deeply Christ wants to give us peace

amid our struggles."

He offers St. Padre Pio as an example of one who battled anxiety, yet found relief through his repeated mantra, "Pray, hope and don't worry."

Many will likely recognize themselves in the chapter on irritability. After all, this is one of the most common mental health challenges.

But "persistent irritability is a common sign of depression," Tighe advises, and the sufferer may benefit from therapy and medication. There is also comfort to be found in what Ecclesiastes 7:8-10 says about irritability (which Tighe quotes):




"Better is the end of a thing than its beginning; better is a patient spirit than a lofty one. Do not let anger upset your spirit, for anger lodges in the bosom of a fool. Do not say: How is it that former times were better than these? For it is not out of wisdom that you ask about this."

He also mentions several relatable saints who lived with irritability, such as St. Jerome, "who was known to carry around a stone that he would hit himself with every time he lost his temper."

Another is St. Vincent de Paul, who was described as "by nature of a bilious temperament and very subject to anger."

Tighe also recounts what James Forest, a Catholic Worker editor, said about Dorothy Day: "She's not all sugar. See, she's tough, she's stubborn, she

Movie Ratings

	Home Team (PG) Hotel Transylvania: Transformania (PG)
	Death on the Nile (PG-13) Dog (PG-13) Marry Me (PG-13) Moonfall (PG-13) Munich: The Edge of War (PG-13) Uncharted (PG-13)
	Jackass Forever (R) Scream (R) Studio 666 (R)

Ratings are supplied by the U.S. Conference of Catholic Bishops Film and Broadcasting Office. Visit www.usccb.org for current reviews.

doesn't listen well all the time, she holds grudges, and like the other Catholic radicals, she has a problem about sometimes being too judgmental."

Still, Forest also thought of her as "a genius and a saint."

Fittingly, this chapter's closing prayer is St. Teresa of Ávila's "Let nothing perturb you. ... All things pass. God does not change. Patience achieves everything."

Aptly titled after St. Dymphna, the patron saint of those with mental health issues, the book achieves its author's hope that it can "remind us that we are not alone," that we are part of "a Catholic community

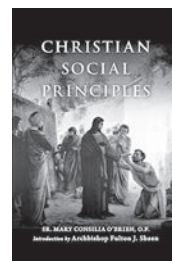
where we all suffer together, unafraid to walk forward with our sisters and brothers through their valley of tears."

Engagingly written, *St. Dymphna's Playbook* also includes a brief appendix of mental health resources. The book will command the attention of anyone seeking a Catholic spiritual perspective on these common mental health challenges.

Roberts is a journalism professor at the State University of New York at Albany and the author/co-editor of two books about Dorothy Day and the Catholic Worker.

Definitive study of Catholic social teaching back in print

Includes prescient introduction by now-Venerable Fulton J. Sheen



Even though family life and fundamental social norms are in serious distress, the timeless truth of God's revelation gives hope and consolation.

But what does belief in God demand from us, as social creatures? How do we balance our rights and our duties, whether in the family, Church or society?

In *Christian Social Principles*, Dominican Sister Mary Consilia O'Brien, Ph.D. explains the teaching of St. Thomas Aquinas for older students and adults from every walk of life.

With wit and wisdom she addresses all these concerns — and many more.

Ideal for school curricula and book clubs, this definitive compendium systematically lays out the Church's social teachings.

See BOOK, page 23

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KENTUCKY

From page 14

Dr. Leumas said she's not found documents clarifying whether Matilda and Augustus and their children were immediately separated after the will reading.

Her "gut instinct" is they were allowed to live together and walk to work on the farm of their new owner, noting that Matilda would have had a 2-year-old and also would have been nursing an infant at the time.

"Working people and your land was a business, and they were looking at it that way," said Dr. Leumas. "The Manning heirs would have still worked the land the way their father did. It's just the ownership that changed."

Free at last

Matilda died in 1836, a year after Mr. Manning's will was read. She is buried a few feet away from a large wooden cross that marks where the old

church, a log structure, once stood.

St. Theresa Parish started out in a log cabin on the banks of the Ohio River, an area that was known as Flint Island in 1818. A second log cabin was built in 1826 on what is now the old cemetery grounds.

Fr. Knott noted that Matilda is buried among St. Theresa's white parishioners, perhaps because she was baptized.

A cemetery located in a wooded area off a highway about two miles from the former church site was used to bury enslaved people owned by St. Theresa parishioners, as well. Those slaves, he said, may not have been baptized. He is leading a project to find all the headstones in that cemetery.

M. Annette Mandley-Turner, who serves as executive director of the Archdiocese of Louisville's Office of Multicultural Ministry, said know-

ing that enslaved people were given Christian burial is an important part of the history of slavery and Black Catholics.

"Burial is such a human thing to do when the treatment of us was so different," she said in a recent interview. "It's one of the things I can say the Catholic Church did right. They made sure they buried them. It sends the message they didn't bury people in isolation. There was someone there to witness the homegoings."

A time to heal

Ms. Mandley-Turner said she hopes Fr. Knott will have success in "displaying what I would perceive to believe is a history that includes everyone...Maybe this will energize some other rural communities to look in their graveyards."

Ms. Mulligan agrees that uncovering this history is important and that recognizing enslaved people is part of a healing process.

"Telling this story and the type of actions that Fr. Knott is planning in terms of making sure those names are known, is part of the healing process that needs to happen with this history," Ms. Mulligan stated.

"I think that is a form of reparation. I see it as a process very much in alignment with the Catholic process of reconciliation, where there's an acknowledgment of a wrong or damage to a relationship and then there's the work to repair it," she said.

Ruby Thomas is a staff writer for The Record, newspaper of the Archdiocese of Louisville, Kentucky.

peace. The previous evening, he phoned Ukrainian President Volodymyr Zelenskyy.

The Ukrainian Embassy to the Holy See tweeted, "The Holy Father expressed his deepest sorrow for the tragic events happening in our country."

Zelenskyy tweeted that he had thanked Pope Francis "for praying for peace in Ukraine and a cease-fire. The Ukrainian people feel the spiritual support of His Holiness."

This article incorporates information from several Catholic News Service reports.

PEACE

From page 15

"In particular, the pope praised the decision to remain with the people and to be at the service of the neediest," including by opening the basement of Resurrection Cathedral in Kyiv as a bomb shelter, which already was being used by dozens of people, including families with children.

"Slava Isusu Chrystu"

Pope Francis told a crowd on Feb. 27 that his heart was "broken" by the war in Ukraine, and he pleaded again, "Silence the weapons!"

"Many times, we prayed that this path would not be taken," he told people gathered in St. Peter's Square for the midday recitation of the Angelus prayer.

But rather than giving up, he said, "we beg God more intensely."

With many of the people in the square holding Ukrainian flags, Pope Francis greeted them the way they traditionally greet each other, "Slava Isusu Chrystu," meaning, "Glory to Jesus Christ."

Pope Francis has continued to personally express his concern about Russia's invasion of Ukraine and to appeal for

BOOK

From page 22

Each chapter includes an overview and lessons with practical examples, excerpts from St. Thomas Aquinas and quotes from encyclicals on social order. They conclude with questions and topics for discussion, as well as a list of additional resources.

Christian Social Principles addresses such topics as the dignity of the human person. It explains when individual liberties, like the freedom to worship, transcend social control. It also discusses the nature of evil, and the duty of conscience.

Sr. Consilia also considers the Church's

views on communism, liberalism, capitalism and labor.

Readers will learn why the human person is a rational, moral and social being. They will also learn the difference between Divine, Natural, Human, and Moral Law.

Christian Social Principles lays out teachings on marriage, the obligations of parenthood, the point of life on earth, and how to achieve real social unity.

As the Ven. Fulton J. Sheen wrote in his introduction to this book: "Written so anyone can understand it, there will no

Daily Readings

Sunday, Mar 6

FIRST SUNDAY OF LENT
Dt. 26:4-10
Ps. 91:1-2, 10-15
Rom. 10:8-13
Lk. 4:1-13

Monday, Mar 7

Ss. Perpetua and Felicity, martyrs
Lv. 19:1-2, 11-18
Ps. 19:8-10, 15
Mt. 25:31-46

Tuesday, Mar 8

St. John of God, religious
Is. 55:10-11
Ps. 34:4-7, 16-19
Mt. 6:7-15

Wednesday, Mar 9

St. Frances of Rome, religious
Jon. 3:1-10
Ps. 51:3-4, 12-13, 18-19
Lk. 11:29-32

Thursday, Mar 10

Est. C:12, 14-16, 23-25
Ps. 138:1-2ab, 2cde-3, 7c-8
Mt. 7:7-12

Friday, Mar 11

Ez. 18:21-28
Ps. 130:1-4, 5-8
Mt. 5:20-26

Saturday, Mar 12

Dt. 26:16-19
Ps. 119:1-2, 4-5, 7-8
Mt. 5:43-48

The Holy Father's prayer intentions for March:

We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.

Sunday, Mar 13

SECOND SUNDAY OF LENT
Gn. 15:5-12, 17-18
Ps. 27:1, 7-9, 13-14
Phil. 3:17-4:1 or 3:20-4:1
Lk. 9:28b-36

Monday, Mar 14

Dn. 9:4b-10
Ps. 79:8, 9, 11, 13
Lk. 6:36-38

Tuesday, Mar 15

Is. 1:10, 16-20
Ps. 50:8-9, 16bc-17, 21, 23
Mt. 23:1-12

Wednesday, Mar 16

Jer. 18:18-20
Ps. 31:5-6, 14-16
Mt. 20:17-28

Thursday, Mar 17

St. Patrick, bishop
Jer. 17:5-10
Ps. 1:1-4, 6
Lk. 16:19-31

Friday, Mar 18

St. Cyril of Jerusalem, bishop and doctor of the Church
Gn. 37:3-4, 12-13a, 17b-28a
Ps. 105:16-21
Mt. 21:33-43, 45-46

Saturday, Mar 19

ST. JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY
2 Sm. 7:4-5a, 12-14a, 16
Ps. 89:2-5, 27, 29
Rom. 4:13, 16-18, 22
Mt. 1:16, 18-21, 24a or Lk. 2:41-51a

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Sacred Heart Parish

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Friday March 11
4:30-7:30 pm

DRIVE-THRU ONLY

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Adults \$12

Proceeds benefit Sacred Heart Parish



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Where:
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When:
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4:30-7:30 pm

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Fridays—March 4, 11, 18 & 25

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Columbia 40 Days for Life prayer vigils

The Columbia 40 Days for Life Spring 2022 prayer campaign will continue through Saturday, April 9.

Volunteers are needed to pray to end abortion on the sidewalk in front of Planned Parenthood in Columbia.

40 Days for Life is an internationally coordinated 40-

day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses.

Please consider spending an hour or more this Lent to pray for the mothers and babies.

For more information and to sign up to pray for the end of abortion, visit40daysforlife.com or contact Doris Schmidt at 573-875-6597 or by email at larryanddoris7@mchsi.com.

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4:30 to 7 pm

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Fridays
March 11 & April 8

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April 8
4:30-7 pm

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Adult carry-outs available

Adults \$13 • Children 6-12 \$5



Taos K of C Council #6430

FISH FRYS

Dine-in or Carry-out

March 4, 11, 25 & April 8

Fried fish or boiled shrimp, baked potato or fries, slaw, hushpuppies, baked beans, ice cream, tea & coffee—\$13
Kids burger & fries—\$6

4:30-7:30 pm
K of C Hall in TAOS

